Harry’s got the gift

Park Orchards local runner Harrison Kerr took the spoils at the 140th running of the Powercor Stawell Gift, running the fastest time over the 120m course in 27 years. See Page 28 for the full story.
ABOUT THE BULLETIN

The Manningham & Nillumbik Bulletin has a print run of 2,500 and is distributed throughout Manningham and Nillumbik. Published about the 3rd/4th Tuesday of the month, it aims to keep the residents of Manningham and Nillumbik engaged and informed about art, culture, community sport and important issues.

It also exists to give the communities of Manningham and Nillumbik a voice so that they have a space to celebrate their achievements and to stand their ground when internal and external forces challenge their identity or local amenity.

The M&N Bulletin also serves as a contribution to the historical record, so that in the decades that follow, our children and our grandchildren will be able to look back and see what was happening now, and what your community did about it.

With a strong, independent voice, the M&N Bulletin supports the communities of Warrandyte, North Warrandyte, South Warrandyte, Park Orchards, Wonga Park, Christmas Hills, Warranwood, North Ringwood, Kangaroo Ground, Panton Hill, St Andrews, Wattle Glen, Diamond Creek, Research, Eltham, Donvale, Doncaster, East Doncaster, Lower Templestowe, Templestowe, Hurstbridge, and any suburb, group, or community within our municipalities that needs a voice.

OUR PLACE

Manningham and Nillumbik form the gateway to the Yarra Valley, and is a place where city meets country. The Yarra River and its triburaries sustained a thriving culture for aeons, until the gold rush of the 1850s saw settlement stretch across the region. The area soon became home to miners, orchardists and tradespeople, as well as the artists who founded the Australian nationalist arts tradition. Now the outer edge of Melbourne, each township has developed its own character, but has much in common with its neighbours. We all love the beauty of our natural environment, our rich cultural life, and the achievements of our community members. The Manningham & Nillumbik Bulletin is an expression of these values and the quest to uphold them.

ON WURUNDJERI LAND

The M&N Bulletin acknowledges the Traditional Owners of the lands where the municipalities of Manningham and Nillumbik now stand, the Wurundjeri Woi Wurrung people of the Kulin nation, and pays respect to their Elders — past, present and emerging — and acknowledges the important role Aboriginal and Torres Strait Islander people continue to play within our community, and seeks to tell their stories.

ADVERTISING

M&N Bulletin is made by the community, for the community. It weaves a thread through the rich tapestry of individuals, community groups, sports clubs, associations and businesses that make Manningham and Nillumbik the special place that it is. Advertising supports the publication by covering printing and production costs and associated expenses.

The rates listed below are for the M&N Bulletin only, for advertising in its sister publication, the Warrandyte Diary. Readers are advised that the Warrandyte Diary and the Manningham & Nillumbik Bulletin accept no responsibility for financial, health or other claims published in advertising in this newspaper. Responsibility for election and referendum comment in this issue is accepted by James Poyner.

## Rates

<table>
<thead>
<tr>
<th>Size</th>
<th>Price inc GST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Page</td>
<td>$550</td>
</tr>
<tr>
<td>Half Page</td>
<td>$357</td>
</tr>
<tr>
<td>Quarter Page</td>
<td>$145 vertical or $198 horizontal</td>
</tr>
<tr>
<td>Large Business Card</td>
<td>$80</td>
</tr>
<tr>
<td>Preferred positions loading:</td>
<td>Prices on application</td>
</tr>
</tbody>
</table>
Traders unsatisfied with Council
Macedon Square development has traders up in arms

BY JAMES POYNER

THE MACEDON Square Traders Association (MSTA) is deeply unsatisfied with Manningham Council’s actions with regards to the Macedon Square streetscape redevelopment, according to MSTA President Gary Cyganek.

Mr Cyganek provided the M&N Bulletin with a copy of a letter addressed to Cr Deirdre Diamante expressing the Association’s resistance to proposed development plans.

Mr Cyganek outlined his reasons in detail in a statement to M&N Bulletin on behalf of MSTA.

“Why we fight?”
14 years ago, the Council took a carpark, which was paid for by the Traders, and stuck a liquor store on top giving us reduced car spaces underneath and we stood by and let it happen.

Now they tell us we need to have an open space (in a strip shopping centre!) narrow the road from 6.2 metres down to 5.3 metres near the minimum for an Aisle carpark and this is a road!

And they expect us to stand by and say thank you! For a plan that will make less safe and destroy retail!

As they have said they want to turn us into Templestowe Village!

A restaurant precinct that killed all the significant retail over 20 years ago.

No butcher, no fruit shop, no bakery, no fish shop et cetera, and if you talk to the shop owners up there, they would love these businesses back!

Retail flours in Macedon Square but for some reason the Council either by design, or ignorance, or arrogance because they are supporting the Landscape Designer whose vision this is.

They have no regard for the retail businesses that their plan will ruin!

In the September 2021 Ordinary Council Meeting, a “modified” Option B was presented to Council in an Officers Report which was moved by Cr S Mayne, seconded by Cr Diamante and carried unanimously by all councillors present.

Mr Cyganek told M&N Bulletin the movers of the motion “collectively should be held accountable for their actions and hence this is why we are now campaigning to vote them out of office in 2024.”

Mr Cyganek, as spokesperson for MSTA has expressed that the Association feels extremely let down by all councillors present, with no speakers against.

M&C Bulletin also asked council for a response to the vote of “no confidence” by MSTA.

They responded:

“The concept design has been developed through consultation with the community and traders.

“Expert advice has been sought in regards to key elements including safety, parking and traffic movement.

“The design seeks to primarily address pedestrian safety issues in the centre, improve ageing infrastructure and maintenance issues, and provide a dedicated community space to support the local precinct.

“The design took on the feedback from the consultation and has incorporated features such as:

- No net loss of parking spaces from what is currently available (132 spaces).
- Refine road widths along Macedon Road to improve safety for pedestrians.
- Provision of a new gathering space for community to connect and thrive.
- New loading bays along Macedon Road.
- Provision of a new roundabout at the intersection of The Mall and Rosa Street.
- New and relocated pedestrian crossings to improve pedestrian connectivity and assist to reduce vehicle speeds and congestion.
- Repositioned accessible parking bays.
- Increased footpath widths for outdoor dining and trading areas.
- Safety barrier treatments for improved pedestrian safety.
- Improvements to the western laneway for large truck loading and access.

Mr Cyganek has made it clear to M&N Bulletin that he holds the individual councillors and council officers to account for the rift which has formed between Council and the Macedon Square traders community and Mr Cyganek has stated MSTA is “now campaigning to vote them out of office in 2024”.

But the 2024 Local Government Election is a long way away, hopefully Council, Councillors and MSTA are able resolve this issue before then. Where do you stand on the Macedon Square development?

Email bulletin@warrandytediary.com.au and let us know.
Dear Bulletin,

Sadly another dead wombat was found on the nature strip this morning, this is the second within a short time. It makes me wonder, if only people would slow down could have this been prevented?

Sadly, Wildlife crossing the road to access the Warrandyte State Park do not reach their food sources or burrows, homes — it is heart breaking, a human could be injured soon.

Most of us love walking the Osborne Loop and, understandably, the street has become quite busy. Discovering Osborne Loop over lockdowns has been a great way for people to get their exercise with new visitors accessing the street most days. In saying this, each day I encounter speeding by motorists to get down to the state park and river. As locals know, Osborne is a narrow road with many curves and blind spots; it’s becoming dangerous to walk on the road, we don’t have footpaths therefore dog walkers, parents with prams, kids on bikes, and older residents encounter vehicles nearly hitting them daily.

It’s not a joke talking about it anymore: “how this car or how I nearly got collected again”. Please consider this when driving down to the river it’s not a Bathurst race. What’s meant to be enjoyable and peaceful could soon turn into a fatality.

Janine Kupfer, North Warrandyte

__Talking point__

Names of families who donated to the cause were pulled out of a hat and called up on the day to each cut a braid.

Harvey Gniel, B, had the pleasure of cutting Phill’s first braid to kick off the shaving efforts. Harvey was diagnosed with Leukaemia at the age of two and has received support from the foundation during his three-year treatment, so was very happy to be able to give back and show his support too.

__Wildlife Victoria facts__

If you find a dead native animal lying beside the road and you can safely do so, please pull over in a safe spot on the side of the road. Turn your vehicle off and contact our Emergency Response Service on 03 8400 7300 for further assistance.

Many of our native animals are marsupials which means they carry pouch young, including kangaroos, wallabies, koalas, wombats and possums. Even if the adult animal has been killed, there is still a good chance that her pouch young may have survived, can be rescued, rehabilitated and released back to the wild.

Janine Kupfer, North Warrandyte
MANNINGHAM COUNCIL is asking young people and their parents to get involved by raising awareness of the mental health crisis that our youth are facing. The need for youth mental health services is not going away. Suicide is the leading cause of death for our 15 to 24-year-olds, so the cost of not responding to this crisis in our community is potentially catastrophic. Currently, Manningham’s closest headspace is in Hawthorn, which has a three to six-month waiting list for services. Manningham Mayor Cr Michelle Kleinert welcomed the recent announcements by Gladys Liu MP, Federal Member for Chisholm, Keith Wolahan, Liberal candidate for Menzies, and Carina Garland, Labor candidate for Chisholm with a commitment of $1 million a year for a headspace service in the Menzies/Chisholm area. She said Council want this service to be based in Manningham. “After years of lobbying from both Council and the community, we will continue to advocate for delivery in Manningham, where the demand and impact will be the most beneficial. “Having a headspace in Manningham will ensure our young people can access mental health services without transport barriers,” said Cr Kleinert. “The voices of our young people need to be heard and it’s our responsibility to amplify them.” That’s why it’s so important that you add your voice to our campaign.” What action is Council taking? Over the next three months, Cr Kleinert says Council will deliver a range of activities to raise awareness of the issue and advocate for a local headspace service including: • An online hub where Manningham residents can share their ideas and stories. • A survey targeting Manningham youth. • Meetings with the Manningham Youth Advisory Committee. • Print and digital newsletters and social media content. • Locally distributed posters and flyers. “We want to hear from young people and their parents as we work with local youth, the Manningham Youth Advisory Committee, schools, sporting clubs and community organisations to develop and deliver a range of advocacy activities,” she said. How can you get involved? Manningham Council has set up a “your say” page where they are asking where young people would like to see a headspace in Manningham. To have your say, visit yoursay.manningham.vic.gov.au/youth-mental-health. Contributions to this campaign close on Friday, June 17, 2022.

Defining why we love where we live

BY SUSAN FOREMAN
NILLUMBIK SHIRE Council is developing a new Neighbourhood Character Strategy (NCS) for its residential areas and has commenced a comprehensive consultation process to obtain community input. The NCS will replace the existing Neighbourhood Character Study and Precinct Guidelines from 2001 (amended in 2003) and strengthen Council’s ability to protect the character of Nillumbik’s residential areas. Mayor Cr Frances Eyre said it was critical to obtain community input from across the Shire to ensure the NCS is comprehensive and representative of the community’s voices. “Nillumbik’s residential areas are distinctive to our Shire, and contribute greatly to the aesthetics and liveability of the places we choose to call home,” Cr Eyre said. “The Neighbourhood Character Strategy will provide a framework to guide development in residential zones and help ensure the characteristics so highly valued by our community are protected in policy into the future.” “I invite everyone in Nillumbik to share their thoughts on what is important to them about neighbourhood character in the Shire and help us develop this key long-term strategy,” she said. Neighbourhood character comprises a range of elements, including: • Built form (how buildings/homes look) • Setbacks (how far buildings are set back from the street) • Heights of buildings and homes • Vegetation (gardens, trees, plants, bush, etc.) • Street layout (configuration, subdivision pattern) • Topography (mountains, hills, creeks, gullies, etc.) • Streetscape (how the street/road looks) • Views The NCS will be informed by community input about desired neighbourhood character aspirations and values to guide the design and placement of new development in Nillumbik’s residential areas; ensuring it respects and responds to the valued features and character of an area. Engagement will be conducted across a series of phases, with this first round of engagement closing at 11:59pm on Sunday, May 8. Further engagement is programmed for late 2022, when Council will share a first draft of the strategy with the community for feedback. Anyone wishing to provide input can complete a survey, make a submission, or attend one of Nillumbik Council’s pop-up engagement sessions for an in-person chat. For more information on the survey and pop-ups, and to view a neighbourhood walking tour video, visit participate.nillumbik.vic.gov.au/ neighbourhood-character-strategy or contact Council by calling 9433 3111 or emailing: strategic.planning@nillumbik.vic.gov.au.
BY KIERAN PETRIK-BRUCE

STUDENTS STRAIGHT from high-school are often told they need to undertake an internship and perform unpaid work during their degrees to get the necessary practical experience alongside the theory that their degree provides.

For some courses, this is a required part of the degree, for example nearly all Social Work degrees require 1000 hours of unpaid work to graduate; this stipulation is direct from The Australian Association of Social Workers (AASW).

Alex Keegan, a mature aged student and according to her experiences, one of many within the social work degree, has started a petition asking for a change from the AASW and the Victorian Government.

Ms Keegan initially started the petition with Social Work Students in mind but found: “since starting the petition, I have learnt that other health and allied health and teacher students are required to complete ridiculous amounts of unpaid placement hours as well.”

“I have been trying to make it a really inclusive thing” Ms Keegan said.

Instead, she says this petition is now about “wanting to make a positive change for all students who are required to undertake unpaid placement”. Social work students with more than three years’ experience within the industry are able to apply for recognition of prior learning, but even taking that into account, they still must complete at least 500 unpaid hours of work.

In addition to that, for Ms Keegan, a permanent resident, because these hours are counted towards course credits, a fee applies to them as the same as any other subject.

Ms Keegan says that fee is roughly $800 per point, and the placement is four credit points in total over the degree.

Without any student loans available, Ms Keegan said she is lucky to have a flexible workplace, and that others often do not have the same support system around them that she has.

Taking a deeper look into the legality of requiring such a large amount of unpaid work, the Fair Work Act and more specifically, the section on Vocational training, stipulates it is lawfully unpaid under all of the following conditions:

• There must be a placement
• There must be no entitlement to pay for the work the student undertakes
• The placement must be done as a requirement of an education or training course
• The placement must be one that is approved.

Ms Keegan said creating a more reliable Porter Street is closed for around six weeks.

Major Road Projects Victoria’s Project Director Dipal Sorathia said creating a more reliable Porter Street intersection is one of the biggest priorities for the Fitzsimons Lane Upgrade team.

New traffic lights will be installed at a Porter Street intersection in Templestowe to deliver a safer and more efficient crossing for motorists, cyclists and pedestrians.

Removing the Fitzsimons Lane/Porter Street roundabout will ensure better traffic flow for all road users and will help clear a significant bottleneck and improve safety.

Construction crews will work around-the-clock for seven weeks, from 6pm Tuesday, April 26 to 5pm Sunday, June 12, to remove the roundabout and install traffic lights, with associated kerb and channel works, drainage works, build footpaths, earthworks, pavement replacement, line-marking and lighting.

“We thank locals for their patience as we get on with this upgrade and complete about six months’ worth of work over the next seven weeks,” said Mr Sorathia.

He said this intersection is one of the busiest in Templestowe.

“As traffic volumes return to pre-pandemic levels, congestion during the morning and afternoon peaks regularly leads to queuing — causing delays, frustration and distress.”

Mr Sorathia said replacing the Porter Street roundabout with traffic lights will reduce congestion for the more than 60,000 vehicles which use Fitzsimons Lane every day and make the community safer.

Two lanes of traffic will remain open on Williamson’s Road/Fitzsimons Lane in both directions when works kick off on Tuesday, April 26.

Temporary traffic lights will guide north-south motorists through the intersection.

During this first phase of these works through to Saturday, May 14 — the eastern leg of the Porter Street roundabout will be closed, meaning traffic will need to divert via Foote Street/Reynolds Road, Blackburn Road and Warrandyte Road.

Access to nearby businesses, Templestowe Reserve and BlueCross Silverwood will be maintained.

A second stage of works will be carried out over the remainder of May and into June, with one lane to re-open for those travelling from Eltham turning left into the eastern leg of Porter Street towards Warrandyte.

With restrictions on traffic movements throughout the entirety of the major works period, motorists are encouraged to plan ahead and allow extra time for their journey.

Delays of approximately 20-minutes are expected along detour routes, while PTV has not yet addressed how this will affect the 905 bus route during the closure.

Pedestrian and cyclist access has been maintained on select shared paths however, some verge areas are fenced off to ensure the safety of road workers. A pedestrian detour is in place through Templestowe Reserve.

The temporary roundabout will be removed, and the upgraded intersection will be open by early June.

Finishing works — including asphalting, line-marking and signage works — will continue throughout 2022.

The upgrade will also improve the reliability of public transport with the introduction of bus prioritisation signalling.

Once traffic lights are installed at Porter Street, the project team will then turn their attention to major construction to upgrade the Foote Street intersection in Templestowe.

For more information or to sign up for updates, visit roadprojects.vic.gov.au/fitzsimons.

For up-to-date travel information visit: ptv.vic.gov.au and vicroads.vic.gov.au.

Another blitz for Fitzsimons Lane project

AS THE FITZSIMONS Lane project begins another major phase, motorists are warned that major disruptions will be occurring as a section of Porter Street is closed for around six weeks.

Major Road Projects Victoria’s Project Director Dipal Sorathia said creating a more reliable Porter Street junction is one of the biggest priorities for the Fitzsimons Lane Upgrade team.

New traffic lights will be installed at a Porter Street intersection in Templestowe to deliver a safer and more efficient crossing for motorists, cyclists and pedestrians.

Removing the Fitzsimons Lane/Porter Street roundabout will ensure better traffic flow for all road users and will help clear a significant bottleneck and improve safety.

Construction crews will work around-the-clock for seven weeks, from 6pm Tuesday, April 26 to 5pm Sunday, June 12, to remove the roundabout and install traffic lights, with associated kerb and channel works, drainage works, build footpaths, earthworks, pavement replacement, line-marking and lighting.

“We thank locals for their patience as we get on with this upgrade and complete about six months’ worth of work over the next seven weeks,” said Mr Sorathia.

He said this intersection is one of the busiest in Templestowe.

“As traffic volumes return to pre-pandemic levels, congestion during the morning and afternoon peaks regularly leads to queuing — causing delays, frustration and distress.”

Mr Sorathia said replacing the Porter Street roundabout with traffic lights will reduce congestion for the more than 60,000 vehicles which use Fitzsimons Lane every day and make the community safer.

Two lanes of traffic will remain open on Williamson’s Road/Fitzsimons Lane in both directions when works kick off on Tuesday, April 26.

Temporary traffic lights will guide north-south motorists through the intersection.

During this first phase of these works through to Saturday, May 14 — the eastern leg of the Porter Street roundabout will be closed, meaning traffic will need to divert via Foote Street/Reynolds Road, Blackburn Road and Warrandyte Road.

Access to nearby businesses, Templestowe Reserve and BlueCross Silverwood will be maintained.

A second stage of works will be carried out over the remainder of May and into June, with one lane to re-open for those travelling from Eltham turning left into the eastern leg of Porter Street towards Warrandyte.

With restrictions on traffic movements throughout the entirety of the major works period, motorists are encouraged to plan ahead and allow extra time for their journey.

Delays of approximately 20-minutes are expected along detour routes, while PTV has not yet addressed how this will affect the 905 bus route during the closure.

Pedestrian and cyclist access has been maintained on select shared paths however, some verge areas are fenced off to ensure the safety of road workers. A pedestrian detour is in place through Templestowe Reserve.

The temporary roundabout will be removed, and the upgraded intersection will be open by early June.

Finishing works — including asphalting, line-marking and signage works — will continue throughout 2022.

The upgrade will also improve the reliability of public transport with the introduction of bus prioritisation signalling.

Once traffic lights are installed at Porter Street, the project team will then turn their attention to major construction to upgrade the Foote Street intersection in Templestowe.

For more information or to sign up for updates, visit roadprojects.vic.gov.au/fitzsimons.

For up-to-date travel information visit: ptv.vic.gov.au and vicroads.vic.gov.au.
CFA needs more firefighters

BY JAIME NOYE

Warrandyte CFA is seeking expressions of interest for people to join their next round of intakes later this year.

The brigade is searching for committed individuals to become firefighters, operational in every regard to respond to fires, road accidents, and incidents where property or lives are at risk.

Warrandyte CFA Personnel Manager Bec Hodgson outlined the commitment new recruits will need to make.

“All new recruits will need to complete the General Fire Fighting course running from July to November, including Wednesday nights and Sunday mornings,” she said.

Before you ask yourself, “do I have time?” the brigade has many volunteers that come from all walks of life with occupational backgrounds from tradies to medical professionals, paramedics to shift workers, professionals to small business owners and even karate senseis! All with busy lives and families, but there is so much to gain when you give — new skills, valuable knowledge (especially living in Warrandyte), protecting our community, meeting new colleagues and friends, and of course the ability to save lives!

From the brigade’s last completed intake, Firefighter Louise Naas said:

“After hearing from the active members on the info night and meeting some of the volunteers, I knew it was what I was looking for.

“It’s an opportunity to push yourself and do things you would never do normally,” she said.

CFA offers pathways in a wide range of professional development opportunities, whilst locally, Warrandyte CFA thrives on a longstanding community legacy, offering a wealth of experience in leadership and mentoring.

The next General Fire Fighter intake is July this year, to be a part of this intake, you must attend the next information session which will be held on Wednesday, April 27 at 7:30pm.

For more information visit: www.warrandytecfa.org.au/join

Making it easier to recycle in Manningham

Manningham residents can now recycle more household products, following the installation of recycling stations around the municipality.

Items that can be safely recycled include:

- Household batteries
- Fluoro tubes and fluoro globes
- Printer cartridges
- Small e-waste items like mobile phones, cameras and accessories
- DVDs and CDs
- X-rays

The new recycling stations can be found at:

- **Warrandyte Library**
  168 Yarra Street, Warrandyte
- **Doncaster Library**
  687 Doncaster Road, Doncaster
- **Manningham Council Depot**
  620-628 Blackburn Road, Doncaster East

Mayor, Cr Michelle Kleinert is pleased that the recycling stations will make recycling easier in Manningham.

“Batteries and small e-waste items can contain hazardous materials like lead and mercury. These items need to be recycled by special processors.”

“95-98 per cent of the materials accepted at the recycling stations will make recycling easier in Manningham.

“We do not want to see any of these items ending up in landfill.”

“Because of the environmental damage that it can cause.”

Most e-waste contains valuable materials which can be recycled.

E-waste contains hazardous materials, such as heavy metals like lead, mercury and cadmium, which should be kept out of landfill.

Larger e-waste items can be disposed of by booking a hard waste collection if you have a Council residential waste service or by dropping off the items at your closest recycling centre in Bellfield, Plenty, Vermont South and Wantirna South.

For more information regarding the recycling station, visit: manningham.vic.gov.au/recycling-stations

Council has an interactive list of how to dispose of all categories of waste within Manningham, visit: manningham.vic.gov.au/waste-and-recycling
I hope you’ve had a relaxing long weekend and enjoyed the extra time with loved ones.

**Anzac Day services**

This week we are stopping to mark Anzac Day — an important milestone when we pause and remember the sacrifices of others. We remember all Australians who served and died in all wars and operational service past and present. We have three fantastic RSLs in Manningham who all held services to mark the day. I hope you joined your community at either Doncaster RSL, Templestowe RSL or Warrandyte RSL.

**Transport**

With the next federal election just weeks away we are calling for more support to help councils provide much needed services and infrastructure. We engage with our community and hear what services and infrastructure they need.

To do this, we’re joining with the Municipal Association of Victoria and the Australian Local Government Association.

We’re asking for better public transport, assistance to boost local economies, upgrading of our roads and a dedicated youth mental health support service in Manningham. Manningham remains the only metro council without fixed rail.

Our public transport system is inadequate and forces our community to be reliant on cars for transport. We’re asking for funding to deliver the Doncaster Busway as part of a network-wide Bus Rapid Transport (BRT) system. The Busway should be designed so it can transition to heavy rail.

We’re also supporting the call for a country-wide once-off $1.3 billion injection of Financial Assistance Grants for councils to boost our local economies. The pandemic has hit many of us hard. As we work together to bounce back this funding will enable us to continue to support our community and ensure our economy recovers.

As our population increases, major road works and congestion are changing the way we move around our city. As key routes are restricted our arterial roads are reaching capacity. This infrastructure needs to be upgraded to meet our current and future needs.

We’re seeking $55 million for Templestowe Road duplication, up to $10 million towards 5-ways intersection and $7 million for upgrading and improvements to Jumping Creek Road.

**Youth Mental Health**

Most importantly, the need for better youth mental health support services is not going away. Suicide is the leading cause of death for our 15 to 24-year-olds, so the cost of not responding to this crisis in our community is potentially catastrophic. We welcome the recent Commonwealth Government commitment of $1 million a year for a headspace service in the Menzies/Chisholm area, and we want to see this service in Manningham.

Having a headspace here will ensure our young people can access mental health services without transport barriers. The federal election is an opportunity for members of our community to let candidates know what concerns them.

I encourage you to contact your local candidate and share what you think our city needs.

Warm regards,

CR MICHELLE KLEINERT

**MAYORAL REPORT**

**MANNINGHAM**

**M&N BULLETIN**

**APRIL 2022**

**MANNINGHAM Council News**

**Easier to recycle**

You can now safely recycle more household products. Use our new recycling hubs to dispose of small electronic waste items (e-waste). Recycling hubs can be found at Doncaster and Warrandyte Libraries and Manningham Council Depot. To find out more, visit manningham.vic.gov.au/e-waste

---

**Racism not welcome**

Manningham Council will install 30 street signs that declare #RacismNotWelcome, as part of an initiative developed by the Inner West Multicultural Network. We are planning to locate the street signs in high traffic sites, including shopping centres, sports facilities, community and council buildings. Let us know the best locations for the signs to be installed at yoursay.manningham.vic.gov.au/racism-not-welcome

---

**Emerging artists wanted**

We are looking for two emerging mural artists to collaborate with acclaimed indigenous mural artist Robert Michael Young in activating Templestowe Village Pop-Up Park. Express your interest by Friday 11 May at manningham.vic.gov.au/templestowe-mural-eoi

---

**Building a better Manningham**

**New playspace for Pettys Reserve in Templestowe**

Have your say on the draft concept plan for a new playspace for Pettys Reserve in Templestowe. The new playspace will complement the recent works to build a car park, pavilion and soccer pitches. To view the plan and provide feedback, visit yoursay.manningham.vic.gov.au/pettys-reserve-new-playspace

---

**Works underway on Deep Creek Reserve pavilion**

New facilities will support female participation in sport through unisex change rooms and recreational facilities that are safe and accessible for all players. The development will assist in providing quality purpose-built facilities to cater to the current and future growth of baseball in the Manningham community. To find out more, visit yoursay.manningham.vic.gov.au/deep-creek-reserve-pavilion-upgrade

---

**Contact Manningham Council**

9840 9333 | manningham.vic.gov.au | yoursay.manningham.vic.gov.au
CR FRANCES EYRE

AS WE EMERGE from the Easter break and head toward May, I’m sure I’m not alone in my disbelief at just how quickly this year is flying by.

Advocacy

The looming federal election gives Nillumbik Shire Council the opportunity for further advocacy on behalf of the community.

At the end of 2021 Council endorsed its list of advocacy priorities, which range from pandemic recovery support, to climate action and funding for key infrastructure.

I have already met with a number of Federal and State candidates to discuss these priorities and intend to continue to advocate strongly, on our community’s behalf.

Art and Culture

Elsewhere in the Shire there’s been a raft of exciting activities and initiatives.

The recently launched Local | Remix art exhibition at Montsalvat features a collection of our significant artworks, old and new.

The exhibition, which is free and runs through to May 29, showcases Nillumbik’s rich artistic heritage.

Importantly, it highlights the work of women artists and their significant contribution to this rich legacy, something often overlooked in the past.

It’s also been fantastic to see a number of Council supported events (Warrandyte Festival, Come Together Festival, Eltham Jazz, Food & Wine Festival and the Celebrating the Platypus in the Diamond Creek event) held over the past month.

Sustainable House Day

Coming up on Sunday, May 1 is Sustainable House Day — The Nillumbik Trail; a chance to visit homes throughout the Shire that have a range of environmentally friendly features, and to chat to the owners about their tips on sustainable living.

There are six houses across St Andrews, Hurstbridge, Panton Hill and Eltham.

This event is run by Clean Energy Nillumbik and supported by Council.

Read more and register at: cleanenergynillumbik.org.au/shd2022

Youth Council

In further exciting news our Youth Council, which is now in its second year, has elected a new Mayor and Deputy Mayor.

Brianne Keogh was elected Mayor with Kirra Imbriano elected Deputy.

I look forward to working with them to ensure the voices of young people continue to be heard in the decision making of Council.

Lest we forget

As I write, we are approaching Anzac Day; a solemn and important date in our calendar.

Like so many others in our community, I’ll be attending a ceremony on April 25 to commemorate and reflect on the extraordinary bravery and sacrifice of our ANZAC men and women.

Carers Hub at Living & Learning Nillumbik

– where people share, learn and connect.

Do you look after a family member, friend or neighbour?

The Living & Learning team have launched a Carers Hub to support local unpaid carers in Nillumbik and the surrounding areas.

You are invited to come to our free activities and programs to improve health and wellbeing, meet other local carers and try learning a new skill.

We are also offering support to carers who would like to study or consider employment options. We can offer respite options, entry to our courses, 1:1 coaching to find your area of interest, career mentoring, job readiness sessions such as resume writing, confidence building workshops and more.

Head to our website or call on 9433 3744 to find out how we can support you.

Activities are being offered at Eltham, Diamond Creek and Panton Hill and also online.

info@livinglearningnillumbik.vic.gov.au
livinglearningnillumbik.vic.gov.au

Pathways for Carers

Are you the carer of a disabled or older person in Nillumbik?

Connect with other carers on a walk through the park, enjoy complimentary morning tea and hear from our guest speaker.

 Held on the first Wednesday of every month.

Meet at 9.45am for 10am start.

Diamond Creek Community Centre,

28 Main Hurstbridge Road, Diamond Creek

Art exhibition remixed

Local | Remix: the cultural collections of Nillumbik Shire Council is an exciting new exhibition featuring works from Council’s Art, Civic and Public art collections.

This free exhibition considers what art and artefacts can tell us about place and perceptions of a local identity.

nillumbik.vic.gov.au/local-remix

Nillumbik eNews

Want to stay up to date with the latest news, events and community consultation opportunities in Nillumbik?

Subscribe to our new monthly Nillumbik eNews and keep an eye on your inbox.

nillumbik.vic.gov.au/enews

Elder abuse awareness

World Elder Abuse Awareness Day is 15 June.

Council’s Positive Ageing team is running a ‘yarn bombing’ project to raise awareness.

There will also be a tongue-in-cheek event with Christine Lister, ‘Ageing Disgracefully’, on 15 June.

To book, visit weaad-christine-lister.eventbrite.com.au

For information on either event, call the Positive Ageing team on 9433 3345 or email positive.ageing@nillumbik.vic.gov.au

Palliative Care Information Session

Come along to this free session to learn about palliative care and to start the conversation about living, dying and grieving well.

Afternoon tea provided.

Wednesday 25 May 2022, 1.30pm-3pm, Hurstbridge Hub

Bookings:
aboutpalliativecare.eventbrite.com.au
moving more toward being my authentic self, I
"I got to a point in 1998, where if I hadn’t started
that point.

“ And I’m glad I had that two-and-a-half-year period
full-time — not with family, not for work.

going out more as identifying as a woman, but not
volunteered for anything before — and started
Victoria.

north — finally, I began to feel like the pieces of my
life were falling into place. “

“I took some time to turn it around and to start going
and that’s where life stopped going south. “

knowledgeable — she told me the word transgender
who didn’t fully understand her issues, and who
say now that with hindsight, it’s taken a lot of work
accountant and that didn’t fit either

“ I wasn’t going out of my way to be ultra-macho
but it just never worked.

“ I studied accounting as part of an economics
degree and was trying to work as a corporate
accountant and that didn’t fit either

Sally initially met with a mental health professional,
who didn’t fully understand her issues, and who
subjected her to conversion practice.

"I did the volunteer thing — I’ve never really
volunteered for anything before — and started
go out more as identifying as a woman, but not
full-time — not with family, not for work.

“ And I’m glad I had that two-and-a-half-year period
through the 90s — I’m not someone who can rush
adjustments.

“ Generally, I don’t like to do that, and I think for
such a big thing, it was good that I took my time at
that point.

“I got to a point in 1998, where if I hadn’t started
moving more toward being my authentic self, I

into a man at 13, in 1978, it had no meaning.

"[The Pride Shabbat] was like having the Bat
Mitzvah, I came of age as a Jewish woman, I just
did it at 48 — and it felt really good.

"I’d say all other things being equal, for a trans
and bi woman in Melbourne, I’m doing reasonably
well — I have a roof over my head, I earn a steady
income, and I’m alright.

And I feel excited about my life now that I’ve played
through most of the things that were holding me
back."

Sally has lived in Manningham for the last 12 years.

“ I think it’s a very warm place — it does feel a bit
like a sort of country town in a way at times, which
is nice.

"It’s the nice part of a country town, where you walk
into shops, and people say, ‘How are you going
Sally’, and there’s not a lot of that sometimes in the
suburbs?"

She said it was “awesome” to be a part of the
Women’s Day event in Manningham.

“ And I’ve now, at the time of this conversation,
applied for the Manningham Council LGBTIQA+
advisory group, which will continue to put my
strength and experience back into the community
that has given me a very gentle place to live the last
12 years and a warm space.

“Manningham has marched in Pride March,
you’re doing things like that, but I just think there
is room for a bit more and making sure that we’ve
got inclusion in place and people who understand
what needs to happen.

“ So that’s where I’m wanting to contribute more
now — to my home patch — and see where it goes."

The M&N Bulletin is pleased to welcome
Sally Goldner AM as a regular columnist,
to discuss the world from the perspective of
the LGBTIQA+ community.

By way of introduction, Sally sat down
with Editor SANDI MILLER to discuss her
journey from an Anglican school student to
champion of trans and bi rights.

SALLY WAS 29 before she heard the word
transgender.

“ I had always been aware of something — even if I
couldn’t explain it or understand it,” she said.
Sally spent all 13 years of her primary and secondary
schooling at an Anglican all-boys school, but Sally
was not your typical student — Sally was not a
“typical boy” and was also Jewish.

“ I didn’t have a very orthodox time,” — and she said.

“ The 70s and 80s, when I was at school, there was not
much progress on gender, in general at all.

“ The world was about two possibilities: ‘blokey
blokes’ and ‘girly girls,’ and if you weren’t a blokey
bloke in the world of boys — there was ‘something
wrong with you.’ ”

She said the school had a big emphasis on sport,
but with a vision impairment and one leg longer
than the other, it meant she couldn’t be competitive,
which she said was “pretty unfair on people who
aren’t the sports elite.”

“ The thing that got me through was I was relatively
sound academically.

“ But the whole sport emphasis in the physicality
meant that I was constantly being verbally teased
about not being good at sport, never fitting in, and
for most of years seven and eight I was verbally
bullied by the entire class — and there was no real
discipline to stop it.

“ So school wasn’t all that happy an experience. ”

Karolina Larbey
Artscape

We will remember them

SANDI MILLER
BY SUSAN FOREMAN

CFA HAS CONTINUED its support for the Good Friday Appeal with members out in force raising money for the Royal Children’s Hospital.

The Victorian community opened their hearts once again this year, helping CFA raise an incredible $1,440,225.

After a difficult two years with a heavy reliance on online fundraising, CFA Volunteers from across the entire state were elated to hit the streets in their local communities, rattling tins and collecting money.

Brigades that set up a Virtual Tin Shake also raised a total of $38,122 online.

CFA has been a major fundraiser for the Good Friday Appeal for the past 71 years and to date members have raised more than $36M since 1951.

The overall tally for the Good Friday Appeal in 2022 was a record-breaking $22,328,154.

This year saw a significant return of volunteers collecting in-person at traffic lights and by door knocking homes and businesses across their communities.

Some brigade members washed cars, ran competitions, and even competed with each other to raise money.

Warrandyte CFA joined forces with South Warrandyte CFA to shake tins at the corner of Punt Road and Swan Street, where they were together able to raise just over $13,000 towards the Good Friday appeal for the Royal Childrens Hospital.

Warrandyte Captain Will Hodgson said it was “an outstanding effort from our members”.

We look forward to joining forces with South Warrandyte next year and continuing to support the Royal Children’s Hospital”.

Cameron Mackay, Captain of St Warrandyte agrees.

“It’s another great example working with Warrandyte CFA to achieve a fantastic effort for the Good Friday Appeal, just another way that CFA helps our community.

“I’m looking forward to 2023 where we can do it all again,” he said.

CFA Acting Chief Officer Rohan Luke presented the cheque to the Royal Children’s Hospital on behalf of the dedicated CFA members right across Victoria,” Acting Chief Officer Luke Rohan said.

“A/CO Luke congratulated all involved in this year’s Appeal.

“It was an honour to present the cheque to the Royal Children’s Hospital on behalf of the dedicated CFA members right across Victoria,” Acting Chief Officer Luke Rohan said.

“CFA members already give up their time to protect the lives of Victorians through their brigades, and it’s a credit to their community-mindedness that they also take time out to fundraise for such a great cause.

“Congratulations to all our CFA volunteers involved, it was an amazing effort and you and your communities should be proud.

“It’s an honour that CFA continues to contribute in providing world-class care to our kids.

“It was also encouraging to see many members returning to fundraising in-person by collecting at their stations, intersections and on local shopping strips.”

“CFA is proud to have again thrown our support behind the Good Friday Appeal and we hope to continue raising money every year for the Royal Children’s Hospital.”

The money raised for the Royal Children’s Hospital Good Friday Appeal will be used to buy medical equipment and ensure kids are provided with the best possible treatment and care.
Federal Election 2022

CAMPAIGNING has well and truly begun for the Federal Election. Many babies have been kissed, dogs patted and tradesmen’s hands shaken.

The M&N Bulletin has approached each of the candidates in Menzies, Jagajaga and McEwen to let readers know what they stand for and what is most important to them for their electorates. While efforts were made to contact all candidates in these electorates, not every candidate was able to supply a statement before we went to print. However, all candidates have been included, in alphabetical order. So please take the time to peruse the following pages to see who you want as your voice in the Parliament for the next three-or-so years.

Voting locations

The Australian Electoral Commission (AEC) has published a list of all polling places. We have included a guide to all the locations within the Shire of Nillumbik and the City of Manningham on Page 19, including an indication of their accessibility for disabled voters. Other locations can be found on the AEC website, aec.gov.au.

Pre-poll voting commences on May 9. To be eligible for a pre-polll vote, you must be unable to attend a polling place on election day. You can vote early either in person or by post if on election day you:
- are outside the electorate where you are enrolled to vote
- are more than 8km from a polling place
- are travelling
- are unable to leave your workplace to vote
- are seriously ill, infirm or due to give birth shortly (or caring for someone who is)
- are a patient in hospital and can’t vote at the hospital
- have religious beliefs that prevent you from attending a polling place
- are in prison serving a sentence of less than three years or otherwise detained
- are a silent elector
- have a reasonable fear for your safety.

If you are enrolled in a state outside of Victoria, you will need to vote at a special polling place specifically for interstate voters. There is at least one interstate voting centre in each region. Doncaster East is the only interstate voting centre within either Manningham or Nillumbik.

Democracy sausages

To find out where to get the best democracy sausage on election day, head to the crowd-sourced map of polling place sausage sizzles and cake stalls. The site provides an interactive map of the location of polling place fundraisers so Australians can “snag a snag on the day”.

If you’re planning an Election Day fundraiser, you can submit the details beforehand at democracysausage.org. Hungry voters can help the Democracy Sausage team “crowdsauce” data on the day by getting in touch via Twitter, Instagram, or Facebook to report both sizzling and sausage-less sites.

Senior Sizzle Advisor, Helen Ensikat, confirms preparations for the day are well underway at Democracy Sausage HQ. “In 2019, we had a banger of an election, serving up a sausage status for 35 per cent of polling places across the country, and we’re looking forward to cooking up more tasty Election Day content this time around.

“Whether you relish the thought of an upcoming election, or remain unthawed by the prospect, you can still take part in this uniquely Australian tradition and support a worthy cause.”

On a serious note, in Australia’s first Federal Election since the emergence of COVID-19, voters and stall volunteers should be aware of current public health regulations and follow them on the day.

To snag a snag on polling day, head to democracysausage.org.
Menzies electorate

Greg Cheesman
Liberal Democratic Party

Greg Cheesman is the Liberal Democrats candidate for the seat of Menzies in the upcoming federal election May 21, 2022. Born and bred in the eastern suburbs of Melbourne, Greg is a fierce advocate for the democratic principles of self-determination, personal responsibility and limited but sensible government intervention.

In recent times, our governments have failed to follow the core principles of a liberal democracy. Having been stripped of the fundamental right to work, access education, earn an income, exercise medical autonomy, speak freely, cross state borders and return home. Victorians have ultimately been condemned should they wish to seek government transparency to hold our elected leaders to account.

Ignored by the federal government and Victorian federal MPs in a position of power, all Victorians, and indeed all Australians, have had their constitutional and legal rights as citizens overridden by arrogant government officials who have failed to uphold the values by which all Australians have a right to live and which have been the basis upon how we have successfully thrived and overcome past challenges as a nation.

In Victoria, in addition to the economic crisis caused by years of state government fiscal mismanagement, we have succumbed to a serious and debilitating mental health crisis which has fuelled increased suicide, mental health decline, domestic abuse, homelessness and family breakdown. Every sector of our society has been betrayed by governments who have turned a blind eye to the suffering of the people in this state.

As a family man, previous small business owner and passionate Victorian, Greg is determined to restore to our government true representation of the Australian people.

Greg’s hope is for his electorate of Menzies to contribute to reinstating freedom to all Australians — the freedom fought for, won and defended by previous generations of determined, sacrificing and proud Australians.

Naomi Oakley
Australian Labor Party
(Victorin Branch)

I grew up locally and went to Blackburn Primary School. Growing up, my family was interested in politics, and my dad was involved in the local council. It is here I saw the power of politics and how it can positively influence people’s lives.

I finished school in Year 11 thinking about further studies in Agriculture. But after a suggestion from my brother about joining the police force, that is exactly what I did. I joined Victoria Police in 1989 and spent the next 13 years serving the people of Victoria keeping the community safe.

I decided to stand for the Federal seat of Menzies because Australia needs more women at the table.

I think that politics shouldn’t be about politicians. It is the job of politicians to give voice to the community, to the vulnerable, to those people who struggle to be heard.

In a post-COVID world, a different approach is required. And challenges like climate change requires us to think big and bold to find the solutions necessary to save our planet from the ravages of extreme weather events.

I’m a grassroots person from the local community.

I’ve served my community as a member of Victoria police for many years, and now I want to continue my public service, but in a different capacity.

One where I can represent the needs of the community in Menzies, from our beautiful parklands to our great public schools and ensuring that our elderly citizens are treated with dignity and respect rather than neglect.

The Age Care crisis needs to be resolved. A different approach in Menzies is needed, where community is at the heart.

I hope to bring that passion and commitment to the people of Menzies in the Federal election and I hope you will place your vote with me.

Bill Pheasant
The Australian Greens
— Victoria

I am standing to bring accountability and hope back into politics: Accountability for promises made and for failures in conduct. Accountability to young people to ensure their future is not ruined.

Australia needs policies that face up to the impacts of climate change, and leaders who will act with the urgency needed to ensure our children have a liveable future.

Residents and businesses can see the clear benefits of adopting renewable energy, ending our reliance on imported oil and on the continued use of expensive polluting fossil fuels — coal and gas.

We need to take the billions of dollars in annual subsidies for those outdated industries and move to clean power that creates good jobs for our community.

I’m a long-term resident in Menzies. I have a degree in science and a career in communications.

I know that facts matter. The Greens have policies based on science and fairness that will help to restore the fraying social and environmental fabric that we all rely on.

In holding the balance of power, the Greens will work to restore fairness to the tax system, and ensure that big businesses and billionaires make a fair contribution.

We have been reminded through the COVID pandemic of the chronic low pay for teachers, health care, aged care and other essential workers.

We were also reminded about the importance of strong local communities.

I’ll work hard to ensure our local areas are sustainable, healthy and thriving.

Some simple steps will help. We need full disclosure of political donations, and a robust Federal anti-corruption body.

Your vote is powerful and can make a world of difference by getting the Greens into balance and ensuring that big businesses and billionaires make a fair contribution.

As your representative, I’m committed to making a difference.
Meet your candidates

Sanjeev Sabhlok
Australian Federation Party

I took a PhD in economics from the USA and came to Australia from India in 2000 where I’d been a senior civil servant. Unfortunately, in March 2020, Australia turned on a dime, from being a role model to a totalitarian nation, with society-wide lockdowns, border closures and mandatory masks in open parks. A full-blown Police state was unleashed. Western civilisation has two main pillars: the government must not interfere in the life of citizens without a strong justification, and public policy must be based on evidence, not on the arbitrary whim or imagination of the government. Australia had a stringent regime of risk-based regulation and a requirement for cost-benefit analysis, both being matters on which I advised Victoria governments for 15 years as a senior economist. Both these were thrown out of the window in 2020.

I’m a great admirer of Robert Menzies and want the Australian Federation Party to become Australia’s real liberal party. The apparatchiks of the Liberal Party have supported Scott Morrison’s deceit: his blatantly false comparison of covid with Spanish flu to justify his CCP-imitation policies, and his claim that he’s saved 30,000 lives. The world’s most cited epidemiologist, John Ioannidis, confirmed to me personally that covid is 50 to 500 times less lethal than the Spanish flu.

And I’m assisting Prof. Gigi Foster in a cost-benefit analysis that confirms the enormous harm caused to Australia by the major parties. The worst thing for Australia to do was to adopt China’s policies and reject its own pandemic plans. I resigned my job in the Victorian Treasury Department in September 2020 to protest the totalitarian policies of the Liberal and Labor Parties.

I’m committed to best-practice policies and liberty, and will sign a Community Pact with the people of Menzies to commit to listening to them.

Nathan Scaglione
United Australia Party

I’m Nathan Scaglione, a 39-year-old builder from Templestowe. I have lived in Menzies for the last 35 years. I went to school here, I got my first job in a little video store here (remember them?) and now my beautiful wife and I raise our two children here. There is a disconnect between our community and elected officials both at a state and federal level that needs to be repaired.

When I speak with people in the community, they tell me “what’s the point, nothing’s going to change,” “they’re all corrupt” and “they’re just in it for a cushy pension.” Unfortunately, the community have lost faith in our MPs and the democratic process. This needs to change.

We need to instil confidence back in the community.

We need to make sure those elected are honest, hardworking and transparent people who will listen and who will be a voice for their community — this is what a vote for me means. Along with restoring our freedom of choice, I as a member of the United Australia Party will ensure the economic future of Australia is secured for generations to come with a capped 3% interest rate that will save Australians from mortgage stress and subsequent foreclosures.

Additional to this the United Australia Party will introduce a 15% export licence on all iron ore, of which the proceeds will be used solely to repay our abhorrent $1 Trillion national debt given to us by our previous Governments. I will work hard to represent Menzies, I will be a voice that is always accessible to the community and I promise to always stay true to the phrase my Grandfather instilled in me growing up “Sii il cambiamento che vuoi vedere nel mondo” — Be the change you want to see in the world.

Keith Wolahan
Liberal Party of Australia (Victorian Division)

Service is important to me. It means putting others first. It means listening and delivering results. That is what guided me as an Army officer, leading young Australians overseas. I saw them make sacrifices for a safer Australia and a fairer world. Some didn’t come home.

They inspire me to do more to leave a better country than we found.

As a first-time candidate, I have placed a premium on getting out into every part of our electorate. You have told me you want me to fight for better infrastructure, more support for small business, cost of living relief, protection of our world-class environment, a world-class defence force, and investments in the things that keep us healthy and happy — including schools, sport, hospitals and mental health.

I am ready to earn your trust and serve as your local voice.

If elected, I commit to working every day for you and for our nation.

Authorised by C. McQuestin Liberal Party of Australia (Victorian Division) L12 257 Collins St. 3000

Also running

John Hayes
Pauline Hanson’s One Nation

Authorised by N. Scaglione for United Australia Party, 153 Gooding Dve. Merrimac QLD 4226

Authorised by Glenn O’Rourke 101 Collins St Melbourne.
Jagajaga electorate

Liz Chase
The Australian Greens — Victoria

I am a fifth generation Australian and Jagajaga local of 25 years. I feel strongly about addressing disadvantage in our society including access to affordable housing, healthcare and free education. But top of my list is real action to tackle the climate crisis. Raised on a dairy farm in West Gippsland, I spent much of my youth working the farm. I am married with two step-children and also care for my disabled sister. My professional background is in business management and graduate recruitment in the industrial sector but I originally trained in science with a Masters in Public Health.

As a civilised and wealthy country, we can provide basic health services and housing to all Australians regardless of income. Greens policy will address disadvantage in society by getting dental and mental healthcare into Medicare, providing free childcare, making university and TAFE free, and increasing public housing stocks.

We can pay for this by closing the tax loopholes that allow one in three big corporations in Australia to pay no tax. Having a rural background I have seen first hand the impacts of climate change and we all experienced this with the Black Summer bushfires.

Australia must adopt climate policies that bring us into line with the rest of the developed world. Sadly, the science shows that neither Liberal nor Labor climate policies will do this. The Australian Greens are the only political party with carbon emissions targets that are driven by science, not by donations from fossil fuel companies. By voting Greens in this election, you could put us in the balance of power. Then we can tackle the climate crisis and kick-start the renewables revolution in Australia.

Let’s restore free education, get dental and mental healthcare into Medicare, and properly care for our aging population.

Zahra Mustaf
Independent

I am ZAHRA MUSTAF — Independent candidate for Jagajaga.

I am currently a resident in Ivanhoe and have been for well over 18 years, forging many strong friendships and networks in this community. Volunteering and community building are important ideals I personally value. And serving on committees around the community has become a highlight for me to cherish always, various schools and organisations include Ivanhoe Primary School, Kew High School, Ivanhoe Junior Football Club, as well as being a team manager for the Ivanhoe Knights Girls Basketball team and member of the committee of Somali Community Victoria and the Kew High Chaplaincy.

My participation in the community has allowed me to work closely with the Australian Airforce Cadets, my endeavours there to create and foster positive engagement between the Anzac ceremony at all the local RSL and attending Anzac ceremonies at the community of Jagajaga. Through my architectural training I have prepared myself to imagine things before they happen, having a vision of what we can deliver and determine the benefits to the community. As a businesswoman, I understand and feel the challenges many small businesses face in the COVID-19 pandemic.

It is my goal to support business, to further enrich my community in its continued development. As a mother, I have also had the privilege to raise two wonderful, empathetic, and self-motivated children.

My daughter is currently in her last year of high school, while my son is undertaking tertiary studies. I stand for: NDIS, and health services, including a Tax break for healthcare workers; Federal ICAC; Climate Change; Mental health; Business; Local manufacturing.

Please visit my website to find out more.

zahramustaf.com.au

Maya Tesa
Liberal Democratic Party

Hi my name is Maya Tesa and I am the Liberal Democrats candidate for Jagajaga.

The Liberal Democrats stand for greater freedom, smaller government, and personal responsibility. Along with being a mum to four beautiful children, my husband and I run a family business. We have seen first-hand the effects of decisions made by entrenched politicians with no real-world experience.

Australia is crying out for real representation. The Liberal Democrats aim to restore to individuals the right to make their own choices and to accept responsibility for their consequences.

The following Principles represent our enduring values.

Economic principles: Free markets and freedom of choice; small government, low taxation, limited government spending and regulation; widespread ownership of private property.

Social principles: Civil society and volunteerism; civil liberties and individual freedom; individual liberty and personal responsibility under the rule of law.

Government principles: Constitutional liberal democracy; ethical and impartial government under the rule of law.

International principles: Free trade in goods, services and capital; free trade in ideas and culture; freedom and human rights.

I have been a passionate advocate for human rights and have worked hard supporting local not-for-profits and charities.

I believe strongly in freedom and equality for all, and that governments must be held accountable to their constituents for any actions and decisions they make.

As a local resident, I understand the importance of engaging in local and community issues.

My priority is to give a much needed transparent and honest voice to the people of Jagajaga.

My aim is to help alter Australia’s roadmap by pushing for economic reform, holding government accountable, restoring individual freedoms, and reducing national debt.

Australia is at a turning point and having honest, transparent and accountable government is what is going to lead Australia to greater growth and prosperity.

Authorised by Dr J Humphreys,
203-205 Blackburn Rd. Mount Waverley VIC 3149

Authorised by L. Chase, Victorian Greens,
1/45 William Street Melbourne 3000

Authorised by Zahra Mustaf,
211 Upper Heidelberg Rd, Ivanhoe VIC 3079
Meet your candidates

Kate Thwaites
Australian Labor Party (Victorian Branch)

I love our community and I want to see a better future for all of us here in Jagajaga. We deserve better than the Morrison Government’s lies, rorts and failures. Since being elected in 2019 I’ve worked hard to ensure that the voices of our community are heard in Canberra. I’ve called out the Morrison Government for their failures to support our community through the pandemic, the ongoing crisis in aged care, rising costs of living, and their absolute lack of action on climate change.

I know people in Jagajaga want urgent action to address the climate crisis. An Albanese Labor government will make Australia a renewable energy superpower.

Our Powering Australia plan has been independently modelled and will achieve a 43% emissions reduction by 2030 and net zero by 2050. It will create 604,000 jobs and cut household power bills. A Labor government will also invest in the services we all rely on. We will fix the crisis in aged care and we will strengthen Medicare and make it easier to see a doctor. Our community values our natural environment and our community facilities.

A Labor Government will invest $2 million to make Eltham Lower Park an even better place for our community to come together, and $1.35 million to support revegetation along the Diamond Creek in Eltham North, as part of at least $3 million to restore and enhance the Yarra River corridor.

Importantly, Labor will end the rorts that have been a feature of this Morrison Government. We will introduce a powerful, independent National Anti-Corruption Commission. I believe trust in our democracy matters, and we should be confident that our national government is acting in our interest and not their own.

Sahil Tomar
Liberal Party of Australia (Victorian Division)

I am proud to stand as the endorsed Liberal Party candidate for the seat of Jagajaga at this federal election. I am local, having lived my whole life in the electorate and having served these communities, I would be honoured to be given the chance to be your strong voice in our federal parliament.

I will deliver for Jagajaga unlike Labor that has failed to deliver for our community over the last 25 years. My career in corporate finance will help guide our national economy and in Jagajaga. Our economy is strong with a 4% national unemployment and 0.1% interest rates. Don’t jeopardise this by putting a high taxing Labor government in charge of the national treasury.

Service means putting others first so I will listen to you and deliver on what is important to you. Working together, from Ivanhoe to Eltham, from Viewbank to Watsonia, Bundoora and Greensborough, I commit to standing up and delivering for Jagajaga on the issues which matter — including more local jobs, better infrastructure, healthcare and the essential services to support those most in need including seniors, children and people with disability.

I am passionate about protecting our environment and our responsibility to future generations. At this very challenging time for our nation, protecting lives and livelihoods remains the Federal Government’s number one priority. Only the Liberal Government will provide the defence we need against future threats within our region.

Liberal Governments have a proud record of protecting our borders whereas the alternative Labor/Greens parties have demonstrated in the past that they will cut spending on defence and will not stand up to the “bully” nations in this troubled world we live in.

Allison Zelinka
United Australia Party

I’m Allison Zelinka, I’m 35 years old and have lived in Jagajaga for 32 years. I went to school here, I got my first job at a local Woolies here, and I have settled in my forever home here. Prior to this, I had a successful 21-year career in the retail industry with roles covering store operations, local sourcing management and buying.

I believe that every Australian has the right to the Great Australian Dream; to own their own home, to work, to have access to healthcare and a good education. I believe that Australians have the right to a happy and prosperous life without government interference.

The past two years, for many, have resulted in hardship and pain. House prices have skyrocketed, access to healthcare has been hindered, children’s education has suffered, and many people are now unemployed solely due to government mandates.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

Everyone has the right to work, and everyone will go back to work. Mandates will end for good. I will represent the Jagajaga community with respect, integrity and transparency.

We all rely on. I believe that Australians have the right to a happy and prosperous life without government interference.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.

I will ensure that everyone in Jagajaga has a fair go. To save home ownership, The United Australia Party will introduce a cap on home loan rates at 3% for the next 5 years, provide $40 billion directly into hospitals and $20 billion directly into the education system.

We will also abolish the HECS/HELP debt, so all Australians have the opportunity to complete tertiary education. A 15% export license on iron ore will be introduced and super investments brought back home. These policies will ensure that we avoid an economic catastrophe in Australia.
Hi Everyone

My name is John Herron, the Liberal Democrat Candidate for McEwen.

I chose the Liberal Democrats because of their stance for freedom and smaller government. Less intrusion in our lives with overreaching government.

About me — I reside and work in the Macedon Ranges as a solicitor with offices in Gisborne, Riddells Creek and Kyneton.

I practice in all areas of law and appear in local courts, as well as volunteering in community legal centres.

I play local sport (cricket, tennis and squash) and coach local kids in tennis and basketball.

I have a young family with an Irish spouse, who is an acupuncturist.

We love our electorate and all the things it offers. 

I served in the ADF (Navy) on patrol boats and passed the Duntroon legal officer entry in 2017 but there were no roles, so here I am.

I have worked on all continents and speak several languages, including Greek, Russian, Tok Pisin and Vietnamese to varying degrees.

I have worked in all three levels of government, especially large-scale infrastructure, including throughout the McEwen electorate.

I am an accidental candidate in running for Parliament following the death of my daughter — Courtney Herron — and my advocacy in this area.

The second reason I am running is the danger our democracy is in now, especially the low-quality people in Parliament who do not have our interests at heart, rather their own.

As an elected member, you must be a leader who has done the hard yards. Who is qualified and experienced and people follow, whatever their field.

We should expect nothing less.

All the Liberal Democrat candidates I know have these qualities.

We are a team. Having played representative sport, I know these qualities. I work and play hard and will fight for the people of McEwen.

Also running

McEwen

Neil Barker
The Australian Greens
— Victoria

Chris Bradbury
Pauline Hanson’s One Nation

Paul Joseph McRae
United Australia Party

Christopher Neil
Australian Federation Party

Richard Welch
Liberal Party of Australia (Victorian Division)

Jagajaga

John Booker
Pauline Hanson’s One Nation

Brendan Palmarini
Australian Federation Party
## Voting locations in Manningham and Nillumbik

### Menzies

<table>
<thead>
<tr>
<th>Location</th>
<th>Wheelchair Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beverley Hills Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Birralee Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Bulleen Heights School</td>
<td>Assisted</td>
</tr>
<tr>
<td>(Manningham Road Campus)</td>
<td>Assisted</td>
</tr>
<tr>
<td>(Pleasant Road Campus)</td>
<td>Full</td>
</tr>
<tr>
<td>Donburn Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Doncaster East RSL</td>
<td>Full</td>
</tr>
<tr>
<td>Doncaster East Secondary College</td>
<td>Full</td>
</tr>
<tr>
<td>Doncaster Gardens Primary</td>
<td>Assisted</td>
</tr>
<tr>
<td>Doncaster Secondary College</td>
<td>Full</td>
</tr>
<tr>
<td>Donvale Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Gum Nut Gully Kindergarten</td>
<td>Assisted</td>
</tr>
<tr>
<td>Milgate Primary School</td>
<td>Full</td>
</tr>
<tr>
<td>North Warrandyte Family Centre</td>
<td>Assisted</td>
</tr>
<tr>
<td>Onemda (Main Campus)</td>
<td>None</td>
</tr>
<tr>
<td>Park Orchards Community Centre</td>
<td>Full</td>
</tr>
<tr>
<td>Serpell Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Ss Peter &amp; Paul’s Parish Hall</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Gregory the Great Primary</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Kevin’s Primary School</td>
<td>Full</td>
</tr>
<tr>
<td>St Peter’s Anglican Church Hall</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Timothy’s Anglican Church</td>
<td>Assisted</td>
</tr>
<tr>
<td>Templestowe Leisure Centre</td>
<td>Assisted</td>
</tr>
<tr>
<td>Templestowe Park Primary</td>
<td>Assisted</td>
</tr>
<tr>
<td>Templestowe Heights Primary</td>
<td>Assisted</td>
</tr>
<tr>
<td>Templestowe Valley Primary</td>
<td>Assisted</td>
</tr>
<tr>
<td>Tende Beck Scout Hall</td>
<td>Assisted</td>
</tr>
<tr>
<td>Warrandyte Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Warranwood Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Whitefriars College</td>
<td>Full</td>
</tr>
<tr>
<td>Wonga Park Primary School</td>
<td>Assisted</td>
</tr>
</tbody>
</table>

### McEwen

<table>
<thead>
<tr>
<th>Location</th>
<th>Wheelchair Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arthurs Creek Primary School</td>
<td>Full</td>
</tr>
<tr>
<td>Diamond Valley Secondary College</td>
<td>Assisted</td>
</tr>
<tr>
<td>Hurstbridge Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Kangaroo Ground Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Panton Hill Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Sacred Heart Parish Hall</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Andrews Primary School</td>
<td>None</td>
</tr>
<tr>
<td>St Helena Secondary College</td>
<td>Assisted</td>
</tr>
<tr>
<td>Wattle Glen Primary School</td>
<td>Assisted</td>
</tr>
</tbody>
</table>

### Jagajaga

<table>
<thead>
<tr>
<th>Location</th>
<th>Wheelchair access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bundoora Secondary College</td>
<td>Assisted</td>
</tr>
<tr>
<td>Diamond Valley SDS</td>
<td>Assisted</td>
</tr>
<tr>
<td>Eltham East Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Eltham North Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Eltham Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Greenhills Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Greensborough Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Greensborough Secondary College</td>
<td>None</td>
</tr>
<tr>
<td>Holy Trinity Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Kangaroo Ground Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Lower Plenty Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Montmorency Primary School</td>
<td>None</td>
</tr>
<tr>
<td>Montmorency South Primary</td>
<td>None</td>
</tr>
<tr>
<td>Research Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>Sherbourne Primary School</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Helena Secondary College</td>
<td>Assisted</td>
</tr>
<tr>
<td>St Peter’s Anglican Church</td>
<td>Assisted</td>
</tr>
<tr>
<td>Templestowe Lower</td>
<td>Assisted</td>
</tr>
</tbody>
</table>

### Early Voting

- **Monday, May 9 – Friday, May 13**: 8am–8pm
- **Saturday, May 14**: 9am–4pm
- **Monday, May 16 – Thursday May 19**: 8am–8pm
- **Friday, May 20**: 8am–6pm

*Interstate voting centre

---

**Vote 1 United Australia Party**

NATHAN SCAGLIONE for Menzies

- **No vaccine mandates**
- **Restore all freedoms**
- **Reduce national debt**
- **End government overreach**

[Visit the United Australia party website](http://www.unitedaustraliaparty.org.au)

**Community. Care. Local.**

Naomi Oakley

A Better Future for Menzies

Authorised by Naomi Oakley, NLA, Maroondah Highway, Ringwood VIC 3134
The real LGBTIQA+ election issues

BY SALLY GOLDNER

I HAVE THE strong impression that many Australians, from across the range of political perspectives, are crying out loudly for thoughtful and nuanced debate across a range of issues in 2022.

Sadly, the Federal Election campaign so far has been full of trivia, diversion tactics and non-issues — I’ve named it the Seinfeld campaign — it’s been a campaign about nothing. Lesbian, gay, bisexual, trans, intersex, queer and asexual/aromantic (LGBTIQA+) issues certainly are one set of issues that fall under this heading. So, what are some (by no means all) of the issues needing more nuanced attention at the Federal level?

First, putting across some broad principles:

• The LGBTIQA+ communities are diverse and have diverse needs.
• Work on issues affecting one community to be led by individuals and organisations specific to those communities; other communities to be allies and be guided by that community.
• Progress for one or more communities is never to happen at the expense of one or more of the other communities. Issues to be resolved with full equality and respect resulting in agreed win-win solutions.
• Consideration always needs to be given regarding intersectionality e.g. disabilities, neuroprocessing, Aboriginal and Torres Strait Islander, newly arrived — including refugees — age and faith.

Starting with key federal priorities for all/most of LGBTIQA+ communities (in no order of priority), aims include:

• Ending of most religious exemptions, in particular all discrimination against students and teachers in religious education settings.
• Laws at the federal level outlawing “conversion” practices based on current best practice (e.g. Victoria);
• Recognition and full inclusion of LGBTIQA+ needs in services and research e.g. family including intimate partner violence, aged care and mental health.

Sometimes, unconscious bias means people make assumptions that erase LGBTIQA+ people, for example, a woman being assessed for aged care services is asked “do you have a husband?”

• The position of a federal LGBTIQA+ Commissioner, within the Human Rights Commission, be established in law, and an appointment made within a set period of no more than six months from the next federal election.

This includes that when a federal LGBTIQA+ commissioner is selected, there should be an independent recruitment process that is overseen by a community panel. The equivalent role has achieved great success at the Victorian state level. The detail regarding the process will ensure that the role remains above party politics.

• Audit of all federal laws to ensure full coverage of all of LGBTIQA+.

One example of why this is needed is that the Federal Sex Discrimination Act covers trans and intersex but the Fair Work Act does not, thereby possibly creating obstacles — consistency makes life clearer for everyone.

Some of the LGBTIQA+ communities have made less progress than others and need specific attention.

Ace (asexual and aromantic) people:
• Refining anti-discrimination legislation to ensure clear coverage of asexual and aromantic people.
• Encouraging LGBTIQA+ organisations to properly include asexual/aromantic people in their work.
• Educating the general community about asexual and aromantic people.
• Information about asexual and aromantic people.

Bi+ (bisexual):
• Funding for bi+ specific organisations.

For example, research indicates bi+ mental health is worse than gay/lesbian and heterosexual and bi+ people need resources to address this.

• Bi+ to be identified separately in all work, e.g. policy, research — conflating the groups distorts research and policy outcomes for all.

• A national public education program about bi+ issues in both LGBTIQA+ and broader communities.

Intersex
• Bodily autonomy via laws to ensure an end to automatic surgeries on intersex infants.
• Update definition in Sex Discrimination Act to a better standard.
• Ending genetic screening against intersex traits (i.e. eugenics) in IVF; insurance, and employment.

• Intersex led healthcare reform that promotes human rights-based, lifetime, standards of care

Support for the Darlington Statement

Trans and gender diverse
• Inclusive and affordable healthcare with regard to both generalist and specialist settings.

Trans people (and many others) are sometimes forced to be educators against our will, therefore meaning we often don’t get the service we need.

• Full coverage of trans-specific health procedures e.g. surgeries, hormones by Medicare.
• Uniform standards for laws and data collection regarding gender to be created by trans people and enacted across all jurisdictions.
• A national public education strategy in relation to transgender, gender diverse and non-binary issues.
• A national public education program about bi+ issues in both LGBTIQA+ and broader communities.

Further reading:
www.equal.org.au/election_survey
www.theequalityproject.org.au/policy

ABOUT SALLY

Sally Goldner AM is a trans, bi/pan and neurodiverse Jewish woman living on Kulin (Boln Boln) land who works as a diversity consultant including educator, speaker and life coach. She can be contacted via sallygoldner.com

M&N BULLETIN APRIL 2022

OPEN

NOW

Shop 7, 35 Drysdale Road, Warrandyte
bacioandco@gmail.com
Find us on Facebook and Instagram

Climate action.
Integrity.
Community.

CLIMATE CHANGE

Sustainable living.

VOTE 1

BILL

PEHASANT

CANDIDATE FOR MENZIES

The Greens

Authorised by M. Shaoji 1/45 William St, Melbourne. V.C. 3010

Bacio and Co.
GIFTS & MORE

Shop 7, 35 Drysdale Road, Warrandyte
bacioandco@gmail.com
Find us on Facebook and Instagram

NOW
OPEN
BY SANDI MILLER

PUBLIC ART can tell a lot about a community; what it cherishes, what are its hopes and dreams, its fears, and its joys.

For more than 70 years, the Shire of Eltham, now Nillumbik, has collected works into its civic and public art collections.

A free exhibition at Montsalvat is showcasing significant works from across these collections and it offers a window to the past — how we saw ourselves then, and a mirror on the present — how we see ourselves now. The exhibition, Local|Remix, opened in early April and runs until the end of May.

Opening the exhibition on behalf of Council, Deputy Mayor Cr Ben Ramcharan noted that the collection shows the history of the Shire over many years.

“It highlights the strong artistic heritage of our area here in Nillumbik and the contribution of artists across the Shire.

“Is interesting to see the contribution made over many years and how it has evolved from what it used to be to what it is today.

“The exhibition considers what is local and how we can connect through art and creativity and the importance of this to our Shire’s identity,” Cr Ramcharan said.

He said importantly the exhibition highlights the work of women artists.

Historically often overlooked in accolades, the contribution of women artists to the Shire is significant, and many works in the collection highlight their strong artistic practice.

In a direct response to a recent gender audit of the Nillumbik Shire Art Collection register and to promote the under-representation of women artists, he said this exhibition flips the statistics of the current collection and presents an exhibition featuring more than 60 per cent women artists.

Cr Ramcharan also highlighted the Indigenous works that form part of the collection.

“We have some amazing local artists who are Indigenous, but when you look at the history of the works — when you go to the true history of what is now called Australia — a lot of that’s lost, so being able to foster that culture and keep it alive is incredibly important, and it’s a really powerful thing that we are actually able to do that here,” Cr Ramcharan said.

One of the most recent acquisitions in the Council’s collection is from an emerging Indigenous artist.

Nicholas Currie says his piece, Scars and Bruises, reflects on his cultural identity.

“The work shows pain — but it also shows healing — there is a mark left and a history there, but there is also a future that we know will be OK.

“Normally, my practice is just about making and being present and acknowledging history and carrying on the traditions of my ancestors, and I am proud to continue making, creating and telling our story,” Mr Currie said.

Built-up by Council and the community over many years, the Nillumbik Art, Civic and Public Art collections now have around 600 works, many with strong connections to the local area and its artistic heritage.

Curator Angela Bailey told M&N Bulletin that the selection process was extremely difficult.

“When you’re choosing anything from such a broad range of works like this, 600 plus works — I just wanted to make it so that there were elements across the breadth of the collection, and more recent works too that people haven’t seen yet.”

In an interesting juxtaposition, she noted that the oldest piece on display was a work by the founder of the Cottles Bridge artists’ colony, Dunmoochin, Clifton Pugh, which is hung beside a 2022 acquisition from current Dunmoochin resident, Fionna Madigan.

The Nillumbik Shire Civic Collection presents intriguing insight into the history and heritage of both the Council and community, and this exhibition includes some fascinating artefacts.

One of the highlights, the Tarcoola/Coolamon, is a gift from the Wurundjeri Woi-wurrung to the Shire and is featured as part of this exhibition.

The exhibition is free and will run until Sunday, May 29, at the Barn Gallery at Montsalvat.

For details visit: nillumbik.vic.gov.au/local-remix

Coming up, Montsalvat will be presenting two jazz music concerts on Sunday, May 22 to raise funds to help build back from COVID impacts.

The Barn Gallery will play host to two live performances starting with Jackie Bornstein at 5pm.

Jackie Bornstein is one of Melbourne’s most captivating jazz, chanson and bossa nova singers, known for her rich tones and ability to get to the heart of a tune.

Performing alongside Jackie will be the world-class jazz pianist Mark Fitzgibbon.

Mark’s swinging touch and virtuosity is the reason why he’s one of the most in demand players in Australia.

Enjoy a light champagne supper and then hear piano maestro Joe Chindamo from 7pm.

Joe Chindamo is routinely described as one of the best jazz pianists in the world, though his art transcends jazz, having composed concertos, chamber music and film music.

Sunday, May 22

The Barn Gallery

5pm: Jackie Bornstein
6:15: light champagne supper
7pm: Joe Chindamo

Event concludes at 8pm

Book online via Trybooking or tickets are available at the door.
Enjoy your music live and local

A celebration of local music and dining, Soundbite Research and Hurstbridge promises a feast of great music and special offers from local businesses. The following performers are set to take one, or both, of the Soundbite stages over the weekend: Nightlight, Dan Lethbridge and the Campaigners, Siren / Ruby Champ, Eliza Joan, Cian Bennet, Bridie, Tall Dan and The True Stories, Sam and Sam, The Scrims and Carlottia. Roving entertainment will keep everyone entertained throughout the day.

Nillumbik Mayor, Cr Frances Eyre said that musicians and local hospitality businesses had faced tough times over the past two years, due to the COVID-19 pandemic and associated restrictions.

"Soundbite is a great opportunity to get out and support some of our talented artists and fantastic local businesses, while enjoying a fun, safe community afternoon," Cr Eyre said.

THE HISTORIC Eltham Courthouse has been officially reopened following a major $385,000 restoration. Mayor Cr Frances Eyre opened the former courthouse, which is Nillumbik’s oldest public building, at celebrations, which were also attended by Wingrove Ward Councillor Geoff Paine and Edendale Ward Councillor Natalie Duffy.

The building, part of the Eltham Justice Precinct in Main Road, is home to the Eltham and District Historical Society and Eltham U3A, whose members were also in attendance.

The works were undertaken by Ducon Building Solutions and RBA Architects and Conservation Consultants and involved meticulous restoration inside and out including repairs to the exterior render, repainting, replacing slate roof tiles and replacing the subfloor.

RBA provided a history of the building:

The courthouse was built in the context of a rapidly developing Eltham in the mid-19th century—then awash with capital and people drawn to the nearby Caledonia goldfield.

As the population swelled with the diggers and the desperate, the preservation of law and order became vital. The bricks-and-mortar solution to keeping the peace and encouraging respectability was the construction of a new courthouse.

In 1860, a contractor, a ‘Mr Duncan,’ laid sturdy sandstone footings for a modest building, its walls constructed of hand-made bricks topped by a gabled roof clad in slate.

The designer was Alfred T. Snow, then a clerk of works within the prolific Victorian Public Works Department, who was also responsible for other civic and justice projects in the period across Victoria.

Embellishments were sparse but conspicuous: a rendered principal façade with tooled ashlar lines, a small porch displaying a vermiculated keystone and glazed fanlight, an oculus (Latin: ‘eye’) vent, sandstone window sills, and plush internal joinery, including a magistrate’s bench, cupboard, desks, and offender’s dock (all still extant).

The courthouse continued to accommodate the Eltham Court of Petty Sessions into the mid-1880s. The original furniture, including the magistrate’s desk, dock, pews and cabinetry have been refurbished and the courthouse returned to how it would have looked when it first opened in 1860.

Cr Eyre commended the restoration with its meticulous attention to detail.

“The former courthouse is a landmark building in the Shire and, in fact, the oldest public building in Nillumbik,” Cr Eyre said. “Keeping our history alive for future generations is vital.”

Eltham District Historical Society President Jim Connor thanked Council for helping to honour and preserve the Shire’s significant local history. “The restoration of the historic Eltham Courthouse is an excellent example of a community responsive project undertaken by Nillumbik Shire Council,” Mr Connor said.

The building is listed on the Victorian Heritage Register and is one of only two intact examples of its design in the state.

The restoration was funded by Nillumbik Shire Council through the Facility Maintenance Renewal Program.

For more information about the Eltham Courthouse and the history of Eltham, please go to the website of the Eltham District Historical Society: www.elthamhistory.org.au.
Visit Nillumbik artists in their natural habitat

Nillumbik artists open studios

THE NILLUMBIK Artists Open Studios program has evolved over the past 35 years, from what was once seen as an occasion for a number of local artists to get together collectively and share their creative spaces, to what is now a large event that attracts people from all over Victoria, providing a unique and privileged opportunity for people to step into the heart and soul of artists’ studios twice a year. This year, the studios will once again be open, on April 30 and May 1 from 10am until 5pm, and then again for the last two weekends in November. The program involves 28 studios working across various art forms, including painting, ceramics, metalwork, sculpture, printmaking, and glasswork. Some artists will also be offering workshops throughout the year, which you could sign up for, or maybe purchase your own unique artwork at one of the studios.

Coordinator, Annette Nobes said, “all our artists have been busy creating, making and preparing in anticipation of our open weekend”.

“We’re excited to announce four new artists joining us this year — Maria Fernandez, Vivienne Fiori, Wayne Rankin and Esther Schouten, and we also welcome back Linda MacAulay and Susan Woodfall to the program”, she said.

The Artists Open Studios program gives visitors the opportunity to take a walk along a picturesque sculpture trail, get lost in painting studios, be mesmerised by spinning potters’ wheels, meet working artists, and witness demonstrations of how they create their exquisite works.

“We would like to extend our sincere appreciation to the Nillumbik Shire Council for their continuous support and to our enthusiastic sponsors for their valued assistance. We hope you can visit us and take the opportunity to see the artists of the Shire working in their own studios,” said Annette.

This event will be run according to the Victorian State Government COVID-19 regulations and vaccination mandates. For further information contact coordinator Annette Nobes 0408 518 067. Before visiting the studios, please check the Artist Open Studios website for further information, including a digital guidebook, online shop, artist profiles and virtual studio tours. The website address is artistsopenstudios.com.

Rotary Art Show continues a proud arts legacy

BY BRENDA IBEELS
CONVENOR, ELTHAM ART SHOW
ROTARY CLUB OF ELTHAM

THE ELTHAM Art Show is scheduled for the first week in September 2022 to be held in the Eltham Community and Reception Centre, Main Rd, Eltham. Artists are invited to register their Expression of Interest through the Portal on the event website www.elthamartshow.org.au.

Three years ago, the Rotary Club of Eltham looked into the possibility of hosting an Art Show. There are over thirty Rotary clubs throughout Victoria who host Art Shows as one of their major fundraising events. The Shire of Nillumbik is the largest Art community in Victoria and the Eltham Rotary Club didn’t do an Art Show! We embarked on intensive research and found that to hold a successful show there were important criteria to be followed. Art must be respected and presented in a fashion which shows the public that Nillumbik Art was founded from the forefathers of the art of Victoria and Australia. Nillumbik has produced world recognised landscapes from artists such as Walter Withers, Max Meldrum, Mervyn Skipper and numerous others. Archibald Prize winners have also been produced. Our current artists’ works have been exhibited throughout the world and hang in many major art galleries and homes.

The Eltham Art Show will be resplendent in its presentation of the Art from the Shire and associated Artists. The Rotary Club of Eltham supports the community of Nillumbik and its chosen projects. The Club is also keen to register interest from those “Friends of Eltham Art Show” who wish to help with the production of the Event. You may assist with IT or marketing advice or any physical undertakings during the event. Send your details to: admin@elthamartshow.org.au. Further key dates and information can be found on the website: www.elthamartshow.org.au.
**ADULT DRAWING**
Learn basic drawing skills and techniques and most importantly how to perceive and see differently. By experimenting with shapes and lines, discover new ways of drawing objects so you can find your own unique style. We will look at the 5 basic perceptual skills, learn about composition and explore the use of pencil, pen and pastels. Express your individuality and creativity. Suitable for all levels.
**Wed 11th May, 12-2pm 4 wks, $97**

**KOKEDAMA**
‘Koke’ ‘dama’ is the Japanese style Hanging String Garden that is a hot trend in indoor plants. A selected plant is encased in soil & moss and entwined in string, to create a living sculpture. Stacey Parapouras (Entwine Home Décor) teaches the technique in fun, instructional workshops. She will share her love of the artform, indoor plants and artistic flare. In this 2hr class you will make your own medium sized Kokedama, and learn how to care for your plant. Materials supplied.
**Tues 3 May, 1 wk 7-9pm $60**
**Sat 7 May, 1 wk 2-4pm $60**
Sign up with mum, a lovely Mother's Day weekend activity.

**WEBSITE FOR SMALL BUSINESS** *(Preaccredited)* Nicola Kovacevic
Create a Wix website from start to finish. This course is suitable for beginners and is a great starting point for people wishing to upskill for employment, get their side hustle or small business online or try-out website creation before enrolling in a more advanced course. No coding needed. See website for more information.
**Mondays and Thursday 10.15-11.15pm**
**Starting 1st May 5 weeks**
**Funded places just $50, broad eligibility.**

**ABSTRACT ACRYLICS**
Learn how to create modern, vibrant, and textual works of art. Local artist Myra Carter will guide you through the process from blank canvas (or paper) to your own original finished artwork.
BYO materials, please see our website for full materials list and course outline. **Thurs 28th April, 5 wks 11-1pm, $135**

**WHITTLING / CARVING TOOL TIME**
You’ll be amazed what you can create in just a few short weeks with our highly experienced volunteer tutor. Learn the fine art and craftsmanship of whittling and carving. All experience levels welcome. Social relaxed atmosphere. Some materials required.
**Thurs 28th 9.30-12.30 9 wks $50 waitlist available**

**TERM 2 APRIL - JUNE**

**CONNECT**

**CLUBS**

**Busy Needles**
Tuesdays, 10-12pm.
Annual m’ship $50

**French Club**
Intermediate level
Mondays 1.30-3pm
7 weeks $50

**Warrandyte Trippers**
-The Lume Van Gogh at South Wharf
Wed 18/5
- TBC
Wed 15/6

**500 Card Club**
4th Thurs each month
2-4pm
Annual m’ship $20

**Book Club**
1st Thurs each month
1.30-3.30pm
Annual m’ship $20

**Film Society**
3rd Friday each month
7-10.30pm
See website for film list

**Walking Club**
Mondays 9.30-11am.
Annual m’ship $30

**Community Lunch**

Catch up with friends, meet new people in your community, and enjoy a light lunch. **FREE but bookings required.**
**Monday 9th May 12-1pm**

We gratefully acknowledge the support of the following organisations:
NEW CLASSES

Kids Yoga
Jess is a primary-trained children’s yoga teacher providing mindfulness and yoga classes to kids aged 5-9 years. The lessons involve activities including:
• Mind-body warm ups
• Breathing techniques
• Yoga poses
• Fun games
• Stories
• Meditations and more!
By combining yoga and mindfulness practice through self-awareness training, Jess aims to help kids feel better and manage their feelings - all in a fun, engaging and meaningful way!

Tues 4th May
4-5pm 8 wks
$112 online discount
$132 full fee

Beeswax Wraps
Make your own beautiful Beeswax Wraps! Beeswax wraps are an eco-friendly and natural food wrap alternative that can be used time and time again. This workshop is suitable for those over 14 years with a parent or guardian. You will need to bring your own 100% cotton material, details will be supplied upon booking.

Sat 21st May
2-4pm 1 wk
$20

GET MOVING

HAVE FUN AND GET FIT

www.warrandyte.neighbourhoodhouse.org.au
9844 1839
LEVEL 1, 168 YARRA STREET, WARRANDYTE

Book online to receive a $20 discount for all exercise classes

SWSY (STRONG WOMEN STAY YOUNG)
Great all over workout combining cardio, low impact moves & weights. Take care of all your fitness needs in one class. Feel yourself regain strength, flexibility & energy.
Mon 2nd May
9-10am 7 wks
$98 online discount
$118 full fee

Tues 26th April
10.30-11.30am 9 wks
$126 online discount
$146 full fee

Fri 29th April
8-9am 9 wks
$126 online discount
$146 full fee

YOGA
Learn, explore and practice classic asanas (postures), meditation & relaxation. Progressively improve both your flexibility and relaxation skills.
Mon 2nd May
7-8pm 7 wks
$98 online discount
$118 full fee

GENTLE YOGA
De-stress with a gentle approach to Yoga. Practice relaxation, breathing, Asana (postures) and meditation to improve body and mind. Extended class.
Fri 29th June
10.30-11.45am 9 wks
$153 online discount
$173 full fee

PILATES
Improve core strength, posture & overall fitness with our experienced instructors. Benefits of Pilates include improved balance, posture & coordination. Helps with injury prevention and rehabilitation; restores vitality; and elevates the spirit. Improve core strength, posture & overall fitness.
Wed 27th April
9.15-10.15am 8 wks
(no class 4/5)
$112 online discount
$132 full fee

MENS WEIGHTS
Improve strength & flexibility, maintain fitness and muscle mass. Exercises can be moderated for those recovering from injuries. (discuss with the instructor).
Tues 26th April
11.30-12.30pm 9 wks
$126 online discount
$146 full fee

Fri 29th April
9-10am 9 wks
$126 online discount
$146 full fee

GENTLE MOVEMENT
A gentle yet effective class for mature adults & people recovering from injury or illness. This class offers a great variability of fun exercises to increase range of movement, coordination, balance and strength that lead to greater comfort; easy to follow movement patterns to improve vitality, cognitive function and brain health. Can be taken seated.
Wed 27th April
10.30-11.15am
FREE but must book
Understanding the dreaming

BY JIM POULTER

EVERY AUSTRALIAN, and probably a lot of the rest of the world, has heard the word the “Dreaming” or the “Dreamtime”. It is a powerful and evocative term, but virtually nobody has any idea of what it means as a coherent set of religious ideas.

Many people still hold the mistaken belief that Aboriginal people did not have a religion and did not believe in a Supreme Being. However, this is usually tempered by a vague concession that Aboriginal people are ‘very spiritual’. Tribal people I have spoken to say that the use of English term “The Dreaming” to describe their belief system is “just right”.

To them it aptly conveys the idea that the world was not originally created as an external physical reality, but was an idea in the mind of the Spirit of All Life. In other words, the universe and everything in it were originally created as part of a divine Dreaming. Ultimately, we are all just figments of God’s imagination, made real by the infusion of conscious life.

In the mid 1980s, I set myself the task of understanding the concept of the Dreaming, so I read every Aboriginal Dreamtime creation story I could find.

I also spoke to some tribal people I knew from Yirrkala, in particular Donald Murrawilli. I was astounded by the themes and implications of these stories. Most started in empty darkness and the first Dreaming was of fire, then of wind and rain, earth and sky, and so on.

When Wandjina saw that human beings understood the Dreaming jigsaw. As they finished their creation work each Creator Spirit surrendered their spirit and their Dreaming to make it real. These Creator Spirits took their part of the Dreaming jigsaw and as they moved through the plastic environment, it took shape according to both the movement of their bodies and the dictates of their Dreaming.

Finally only Man was left with consciousness and responsibility for care of the environment. I then distilled these many stories into one and produced my first Aboriginal theme book in 1988, called The Secret of Dreaming. When I showed the book to David Gulpilil, the actor from Arnhem Land, he read it, paused and looked at me, then said “I know this Story”. I could not have been happier that a tribal person had said that the story was authentic.

Nowadays, some people might try to accuse me of cultural appropriation. However, if one reads the narrative at the end of the book, I explain the process I followed and the basic tenets of what I now refer to as Wandjinist Religion.

As indicated earlier, creation began as an act of imagination in the mind of Wandjina. After a long Dreaming of fire, wind, rain, earth, sky land and sea, Wandjina began to grow tired, but wanted the Dream to continue, so Wandjina broke the Dream up into a million jigsaw pieces and sent life into the Dream, in the form of Creator Spirits, to ensure the Dream would be sustained.

First, the spirits of all children ever to be born were seeded into the Dreaming and the Land, where they must wait until it is their turn to be born.

This happens when a father finds the spirit of the child in a dream and directs it to the body of their mother, who makes their flesh. One implication of this belief is that every single human being is part of original creation and therefore has a direct, personal connection with God.
Lizardmen, Dark Elves and Chaos Realms
Welcome to the fantastical Warhammer III

BY SAM BROWN

The fantasy world of Total War: Warhammer III, with its Dark Elves, Skaven, Lizardmen and other bizarre races, is about as far from the franchise’s original starting point as you could possibly get—and still claim lineage to the venerable turn-based, real-time video game stable. How it got from the original battlefields of medieval Japan to spells, daemons, fire spitting serpents and flying heroes is quite a story.

Developed by Creative Assembly and published by Sega, Total War: Warhammer III is part of the highly-successful Total War series which started firmly rooted in historical strategy—but has since branched out over the years into the more esoteric and fantastical, with forays into the world of archaic Greek myth with Total War: Troy and Chinese foundation myths with Total War: Three Kingdoms.

Warhammer III continues the trend of taking the series completely over the top and severing any vestige of historical resemblance—presumably to satisfy the demands of fans and broaden the appeal of the series to an ever-widening circle of prospective buyers.

But when your lords are called “Soulscreamer Witherslash” and run around screaming: “The bondage will be legendary!” I can’t help but feel a little bit like some introverted tragic wearing a black t-shirt at some gaming convention clustered intently around a table moving my intricately hand-painted Warhammer miniatures up a paper mâché mountain.

“Oh no! That High Elf just nerfed my Lord Skaven!”

Still, the game is quite good and remains true to the Total War formula. But just to be clear: you will want to be a serious Warhammer fan, or at least just a little bit curious, to get the most out of it.

If not, pass it by.

Warhammer III itself is actually the third iteration to be set in the Warhammer fantasy fictional universe.

There are still campaigns at the strategic, turn-based layer to contemplate and rival regions to invade, pacify or ally. Depending on the specific abilities of your chosen race, you will need to craft an appropriate strategy that plays to your strength and minimises your weaknesses.

Diplomacy, of course, is important and you will need to carefully trade resources or form alliances with selected races, lest an army of enraged Lizardmen pours over your border determined to end your days.

The terrain likewise can be critical to the strategic success of your plans for domination, as winds of magic blow favour one way or another depending on geographic features.

Leaving aside the stark peculiarities of the Warhammer universe, those who are familiar with Total War games are going to be comfortable enough with the mechanics.

And just like every other Total War game there has ever been, when diplomacy fails or it is time to let slip the dogs of war, Warhammer III seamlessly transports you to a gorgeous 3D real-time battlefield where you get to lead your army against the enemy.

At this tactical level, Warhammer III does not disappoint. There are enough variety in skills and types of units to require you to think carefully about how you will position your forces.

Add in the outrageous abilities of various units and a healthy dose of magic, fireballs and other fantastical phenomena, and you have a perfect Warhammer slugfest—albeit on the computer screen.

So, sharpen up your mythical spells, don your black t-shirt and prepare to enter the fantastical world of Total War: Warhammer III.

Just make sure your rat-like Skaven are fully buffed to stand a chance against the powerful and winged Dark Elves!

ABOUT SAM

Sam Brown is a Warrandyte writer with journalism, military and Commonwealth agency experience.

He loves history and has been playing computer simulations for more than 20 years.
Stawell glory for local athlete

PARK ORCHARDS’ runner Harrison Kerr has taken out the prestigious Stawell Gift.
The 140th running of the Powercor Stawell Gift took place over Easter with Harrison Kerr running the fastest winning time in the final of the Gift since 1995 to take home the $40,000 prize purse.
His winning time of 11.845 seconds off 9.25m saw him live up to his tag as the hot favourite as he stormed home ahead of Hamish Lindstrom in 12.007s, Jesse McKenna in 12.164s, New Zealand champion sprinter Eddie Nketia off scratch in 12.268s, Tom Griffin in 12.357s and Kyle Nicolussi in 12.397s.
Kerr put injury behind him to recover and improve his speed this season and believed he was coming into form at the right time to confidently win today.

“I am so happy everything came together in my eighth year of competing.
“To get up against some of the serious talent we have on the track is amazing” Kerr said.

Masters of their game
Meanwhile at Doncaster Athletic Club, three athletes attended this year’s Australian Masters Athletic Championships in Brisbane in early April.
Paul Mierisch in the 400 metres set a Doncaster club record, with a time of 54.44 and third place.
Paul then led the Victorian 4 x 100 relay to gold.
Wendy Smith, in her first full season of athletics, achieved three club records and a PB and was also part of the Victorian women’s 4 x 100 relay team.
Navid Rashid in the sprints, ran creditably in the Masters over 50 events
In the Victorian Athletics Championships, in the Over 40s Laura McLennan returning from injury performed well with two gold medals in the 1500m Walk and the 2000m Steeple chase.
Wendy Smith in her first season won two gold medals in the 60m and 100m, a silver in the 200m (all PBs) and a bronze medal in the discus.
Renée Reardon, in her second season, won the silver medal in the 100m and followed with three third placings and PBs in the 60m, 400m and long jump.
Kim Peak had a great meet with two gold, one silver and six bronze medals.
Kim’s gold medals were in the weight throw and triple jump, a silver medal in the long jump (PB) and bronze medals in the 1500m walk (PB), 200m (PB) 3000m walk (PB), 60m (PB), 400m and the Hammer throw.
Kim then followed up by winning the bronze medal in the Doncaster Over 40s 4x100m relay team.
Anyone with connections to Doncaster Athletic Club, past and present, are invited to join the club in celebrating 50 years.
A dinner will be held on Saturday, April 30, more details www.doncasterac.org.au.
For any queries on joining East Doncaster Little Athletics please contact Lisa Williams on 0408 140 461 and for the older athletes Doncaster Athletics Club president Campbell McLennan on 0414 533 677.
Improve your balance for falls prevention

BY JANE KILKENNY

APRIL IS FALLS PREVENTION MONTH, so it’s a great time to increase awareness about this health risk as we age. One of the most common health issues linked to ageing is a deterioration in our balance. When left unchecked it can result in major injuries from slips and falls, such as fractures and significant soft tissue damage. These injuries may result in a hospital visit and disrupt your daily routine, not to mention denting your ego and confidence. Fractures and strains will heal with the appropriate medical treatment. But a blow to our confidence can set off a chain of events that will trigger changes in daily behaviours to compensate for balance risks. Before we know it, we are reducing our activities due to a fear of falling, and this can snowball into a major problem. But the good news is there are simple ways to prevent this.

So how do we maintain good balance? The most important factor is being fit and strong, so exercise is essential. We also need to maintain our core muscles when it comes to balance. Our core muscles consist of everything between our ribs and knees, not just our abs and lower back muscles. The other key factor is the ability to maintain a good centre of gravity and the ability to absorb unstable surfaces — both of which become easier with some simple core training activities.

The top 5 exercises I recommend for balance are:

- **Glute bridges**
  Knowing how to engage your glute (butt) muscles effectively is important for balance. Lie on the floor with knees bent and feet flat. Lift your hips up, squeezing your glute muscles to drive the motion. Pause for a few seconds then lower and repeat.

- **Elevated planks**
  A horizontal plank is great, but if you are not ready for this it is just as effective to plank in an elevated position. Make sure you are engaging your ab muscles by squeezing in your belly button and breath normally. Hold for 15-30 seconds, relax and repeat.

- **Flamingos**
  I love the term flamingos because it sounds so much better than just standing on one leg! But that is essentially what it is. Try standing on one leg for short durations, maybe while brushing your teeth. Always ensure you have a safe environment and something to grab on to in the beginning.

- **Crab walking**
  Moving laterally is something that we completely forget about as adults, unless, of course, we are playing certain sports or dancing. Maintaining confidence in moving sideways is great for hip stability, glute strength and balance.

- **Squats**
  Squats are one of those things we do absolutely every day when getting up and down from a chair. However, as we get older, we often start to rely on using our hands to assist us. The best way to practice good squats is to start standing with your back to the wall, just far enough away that you can feel it when you get to the bottom of your squat. Engage your glutes to push you back up to a standing position.

Using the wall will allow you to get a good range of movement, pushing your hips back and preventing you from falling backwards. Declining balance often creeps up on us and we don’t pay any attention until it’s too late, and we suffer a fall. So, like most things health-related prevention is a much more effective strategy.

From a medical perspective, always ensure that if you have a sudden onset of dizziness or balance issues you should consult your medical professional, as this can be associated with vestibular or blood pressure problems.

ABOUT JANE

Jane is the owner/operator of Fitness energy in Park Orchards — Jane and her team offer a variety of sports training services.
**Around the grounds**

**BY KIERAN PETRIK-BRUCE**

THE AFLW MAY have wrapped up, but there is plenty of local women’s footy in Manningham and Nillumbik over the next few months to keep you entertained.

In Manningham, the ENFL Deakin Uni Women’s Leagues started on April 23 and Donvale and Park Orchards are both fielding teams this season.

In the Premier Division, Pool B is Donvale. During the 14-game season, they will play each team in their pool twice, first during Rounds 1–5 and then again in 10–14.

During Rounds 6–9, they will play four of the six teams from Pool A.

In Division One, Park Orchards will play each of the six other teams twice and have two bye rounds. A tough start for Park Orchards who will not play at home until Round 4 on May 14.

Both Premier Division and Division One have finals scheduled for August 13–14 with the Grand Final to be played either August 27 or 28.

Over in Nillumbik, Eltham, Hurstbridge, and Diamond Creek have fielded teams this season in the NFNL, with Diamond Creek fielding two senior women's teams.

The season started April 2, with all teams playing grading matches during the first four rounds. After these rounds, the competition will be split into three divisions.

This means, a few one-sided results may occur, as some of the strongest teams may be paired against some of the newer, inexperienced teams.

Diamond Creek 1 is 2–0 from their two grading matches with an 18-point win over Montmorency 1, and a 126-point win over Lower Plenty-Bundoora.

Diamond Creek 2 has gone 0–2 to start the season with a 59-point loss to VU Western Spurs and a 29-point loss to Whittlesea.

Hurstbridge has started 1–1 with a 52-point win over Heidelberg 2 and an 11-point loss to Mernda.

Eltham has started 0–2 with a 39-point loss to West Preston-Lakeside 1 and a 14-point loss to Banyule.

Good luck to all the teams, starting or continuing in their season and make sure you get down and support your local team, wherever in Manningham or Nillumbik that may be.

**Sharks Junior 2022 Season Launch**

Footy season has well and truly kicked off around the burbs with the sounds of sirens ringing across the grounds until sundown on a Sunday.

Park Orchards North Ringwood Parish Junior Football Club (PONRPJFC) recently kicked off their 2022 season at Domeney Reserve.

Girls of all ages played at the ground throughout the day as part of the Change Our Game initiative followed by a family fun event.

There was endless entertainment with a giant inflatable shark slide, footy themed inflatable games, roaming entertainment, festival fun and games, food trucks and live music.

"After two years of not being able to hold events, this gave members the opportunity to reconnect with friends and family as well as check out the newly refurbished rooms," said PONRPJFC President Kate Gniel.

The Mayor of Manningham, Cr Michelle Kleinert, officially launched the season and presented the Junior Football Club’s 2022 Captains — Ava Leonard and Ben Duffy (pictured above) — with their badges.

"We are excited that Ava becomes the first-ever female captain for the Junior Sharks. Together Ava and Ben will lead the club through an exciting season ahead. Bring it on!" adds Kate.

The PONRPJFC is part of the Yarra Junior Football League (YJFL) and the season will run until the beginning of September with teams of boys and girls ranging from Under 8 to Youth Girls and Colts.

To find out more about the Park Orchards North Ringwood Parish Junior Football Club please visit www.sharksjfc.org.au.
Relay of projects for the Diamond Valley

NILLUMBIK residents are benefiting from a massive investment in active leisure facilities across the Diamond Valley. The $16.5M refurbishment of the Diamond Valley Sports and Fitness Centre was the warmup event for what is now a peloton of projects in various stages of development.

From indoor sports centres, shared paths, skate parks and now plans for a BMX park, the announcements just keep coming.

**Leg One — Netball**

The new Diamond Creek netball pavilion and courts have been officially opened in a major win for community sport.

Eltham MP Vicki Ward opened the $2.8 million pavilion on behalf of Shaan Leane, Minister for Local Government, Suburban Development and Veterans, while Yan Yean MP Danielle Green represented Rox Spence, Minister for Community Sport, in officially opening the netball courts following their $2.16 million surface upgrade.

Nillumbik Mayor Cr Frances Eyre and Councillors Peter Perkins, Natalie Duffy, Karen Egan and Geoff Paine also joined the official opening with officials, members, players and supporters of the Nillumbik Force Netball Association, whose seven member clubs call the netball courts home.

The netball pavilion was funded with $2.54 million from the Victorian Government’s Growing Suburbs Fund with $172,000 from Council and $80,000 from the netball association.

The courts’ surface upgrade was funded through a $1.96 million dollar grant from the Community Sports Infrastructure Stimulus Program through the Department of Jobs, Precincts and Regions.

Council contributed $196,000.

“I would like to thank the Victorian Government and our local MPs Danielle Green and Vicki Ward for their significant financial support and advocacy for this project as well as community sport and recreation across the Nillumbik and northeast region,” Cr Eyre said.

“This redevelopment — with the new pavilion and eight outdoor acrylic plexi-pave courts — has resulted in a first-class regional facility.

“Council’s most recent club development survey found that netball is the most popular sporting activity among women and girls in the Shire.

“But it’s vital our venues reflect the community we live in — with facilities that are inclusive and accessible for women and girls, as well as people with disability.

“The new pavilion has given us the opportunity to address the imbalance, providing unisex and accessible amenities for players and officials as well as ramp access.

“We hope that by making these changes wherever possible, we can encourage more women and girls to be physically active, particularly as we try and move on from the pandemic.”

Local Ellis Ward Councillor Peter Perkins also thanked the Victorian Government for its support of the project and the recent investment in community facilities across Diamond Creek.

“These fantastic new netball facilities have been many years in the making and are not only a huge boost for local sport, but our entire Diamond Creek community with the thousands of visitors expected to come here to play,” Cr Perkins said.

“The Nillumbik Force Netball Association has been integral to the success of the project, and I’d like to thank all the volunteers for your tireless efforts in making the dream a reality.”

The Nillumbik Force Netball Association has been championed for many years and it’s wonderful to see the dream finally become a reality,” Cr Eyre said.

“Whether you’re a walker, cyclist or even horse rider, we know how much everyone has been looking forward to the trail opening and trying it out.”

This stage of the trail extension has been funded with $5.1 million through the Victorian Government’s Suburban Parks Program.

Council has provided more than $4 million over both stages of the project.

“This has been one of the biggest capital works projects we’ve undertaken in the Shire and it’s been a fantastic collaborative effort between the Victorian Government, Council and the community.”

Bunjil Ward Councillor Karen Egan said the new trail would be a huge boost for Hurstbridge and surrounding area.

“It’s estimated up to 350,000 people will use the trail each year, many will end their journey in Hurstbridge and get to experience everything our wonderful town has to offer,” Cr Egan said.

“It’s also great news for local horse riders who have a safe and enjoyable way to travel between our townships.

“I’ve already gone for a ride and it’s fantastic.”

**Leg 3 — Skate Park**

Construction has commenced on the Eltham Skate Park.

Following a consultation period, which commenced in July last year, the final plans were released with an overwhelming 97 per cent approval of the project.

Local resident Hans Gregory summed up the mood of the community with a comment on Facebook

“Money well spent! This is not just a need, but an overwhelming demonstrated need, supported by research and local consultation. Young people matter! If we don’t ACTIVELY write young people INTO community then effectively we’re actively writing them OUT of community.

Then we wonder why there are issues with loneliness, or drugs, or violence… (the list goes on).

This is an extension of that saying ‘it takes a village to raise a child’.

If you’ve ever been to a skate park you’ll find the culture very caring and sharing.

Older and experienced riders and skaters freely share their knowledge and help the younger kids and least experienced.

Inspirational!

“We’re all so much better off when we’re all connected and feeling a belonging. What a fantastic investment.”

Member for Eltham, Vicki Ward said she thought it was “fantastic” to see progress on Eltham’s skate park.

The project has been funded by $300,000 Parks Revitalisation Grant from the Victorian Government and $512,000 from Nillumbik Shire Council.

**Leg 4 — BMX park**

Work to develop a proposed BMX park in Diamond Creek has taken another step with Nillumbik Shire Council engaging specialist designers ‘The Trail Collective’ to develop concept designs for the project.

Cr Eyre said The Trail Collective would work with local BMX enthusiasts on a design of the potential new park, building on community feedback provided to Council during initial consultation earlier this year.

“This is an important step as we work further on creating a concept for a recreational space that is suitable for all riders and skill levels,” Cr Eyre said.

“We have a passionate BMX community in Nillumbik and we want to work with them to ensure we can develop the best-possible facility for the long term.”

Council is continuing to investigate a number of potential sites to determine the most suitable location for any potential park for both riders and the community.

The Trail Collective is a rider-owned and operated company with expertise in the planning, designing and building of recreational spaces for BMX enthusiasts including dirt trails, BMX parks and pump tracks.

They have been involved in the development of several landmark BMX parks in Victoria and South Australia, including for Frankston and Moonee Valley councils.

**Artist impression of Eltham Skate Park courtesy Nillumbik Council**
Eltham Rural Group Inc
Founded in 1953
All proceeds are distributed to local community organisations and services

Paddy’s Market

Scout Hall, Youth Road, Eltham
(off Diamond Street)

Saturday May 7, 2022
9.30am to 1pm

Recycled Treasures and Collectables
Gourmet Cakes, Chutneys, Sauces and Fresh Produce
Women’s and Men’s Wear and Accessories
Children’s Clothing and Toys
Plants and Gardening

Sausage Sizzle
(courtesy of 1st Eltham Scouts)

Nillumbik Community Group 2015
www.elthamruralgroup.org